

Must be read by the Auxiliary Secretary at the first meeting following receipt before being filed for reference.

- 1) **ATTENTION ALL MEMBERS:** **THANK YOU FOR ALLOF YOUR EFFORTS IN COLLECTING DUES!** As of February 3, 2009, the Department of Virginia is **92.20%**. Congratulations to all Auxiliaries who have made 100% in membership, thus meeting the Department of Virginia Banner requirement for membership. To those Auxiliaries who did not make the 100% for your Banner, please don't stop in your efforts to reach that 100% mark. **The Department needs to reach 100% by May 31, 2009.** Use every member and all of your skills to recruit, retain and reinstate members. I have confidence that the Virginia Dream Team will reach that 100% goal – **GO TEAM!**
- 2) **ATTENTION AUXILIARY PRESIDENTS:** Last month I asked that you check on the status of your Auxiliaries' reports to the Department Chairmen. Some of the Chairmen and I have received calls about discrepancies and have been able to "fix" them. The Department's deadline for the Banner requirements is March 31. However, Auxiliaries should continue to work on all National Programs **and membership** after the Banner deadline and continue reporting. This is a critical time of the year as Year End Reports will soon be due to National and every Auxiliary report counts.
- 3) **ATTENTION DISTRICT PRESIDENTS:** When elected, you assumed the responsibility of insuring that your District is in good working order – this includes monitoring National Programs and membership reporting. Beginning with the receipt of this General Order, each District President is to call each Auxiliary not reported to offer advice, encouragement, and if necessary, take reports over the phone. We are working as a team and you are your District's Team Leader – let's get the job done!
- 4) **INVESTIGATING COMMITTEES:** **Section 105** of the National Bylaws states, each application shall be referred to a committee of three, appointed by the President, who shall make a careful investigation of the facts set forth in the application. The committee shall see proof of honorable service of the eligible veteran, unless he/she is a member of the VFW Post to which the applicant is applying for membership. The committee shall recommend election or rejection based on eligibility as set forth in **Article 1, Sec. 101**. The signatures of at least two persons who served on this committee are necessary. The Auxiliary shall not take action on the application until the investigating committee report is made to the Auxiliary. **Remember, it is the responsibility of the applicant to provide proof of eligibility and the Investigating Committee does not recommend the acceptance or rejection of an applicant for any reason other than eligibility.**
- 5) **VOTING ON CANDIDATES:** **Section 106** of the National Bylaws states, after the report of the investigating committee and before voting on the applicant, members will be given an opportunity to state their objection to the admission of the applicant. Should there be no objection, several applicants for membership may be grouped and accepted by voice vote. Upon the request of one member, any applicant shall be voted on separately by written ballot. A majority of the votes cast

shall decide acceptance or rejection of the applicant. In case of a tie vote, the President shall cast the deciding vote, **providing she has not previously voted.**

- 6) **ELECTION OF OFFICERS 2008-2009:** It has come to my attention that the outcome of some Auxiliary elections is “pre-destined” before they begin. The Auxiliary President should not begin the call for nominations of a position by announcing who has been selected to serve in that capacity. In accordance with **Section 804 and 804A**, nominating committee shall not be permitted. No member shall be elected to office unless she is in attendance at the election or unless she submits in writing her willingness to be elected and hold office. Elective Officers shall be nominated and elected at a regular business meeting in April. Each year at the regular annual election, one Trustee shall be elected for a three-year period.
- 7) **Warrant of Installation:** At the April meeting, the President-elect must apply for the Warrant of Installation through the Department Secretary and send the name of the Installing Officer. A request form will be in the March, April and May General Orders.
- 8) **INSTALLATION OF OFFICERS:** **Section 806A** of the National Bylaws states that Auxiliary Officers shall be installed at a regular or special meeting held not less than twenty (20) nor more than sixty (60) days prior the convening of the Department Convention, but shall not assume their duties until the Department President is installed. The Department Convention will convene on June 11, 2009. This means that you have to have your installation between April 12, 2009 and May 21, 2009.
- 9) **DISTRICT CONVENTIONS AND MEETINGS:** **Section 303** of the National Bylaws states that Delegates and Alternates to District Conventions shall be elected at a regular meeting of the Auxiliary held not less than thirty (30) days prior to the District Convention at which District Officers are to be elected; one (1) Delegate and one (1) Alternate for each fifteen (15) members or fraction thereof in good standing in the Auxiliary at the time of the election of Delegates or as respective Department Bylaws may provide. The Auxiliary Secretary shall send the names of the Delegates and Alternates to the District Secretary prior to the District Convention. The term of office for which Delegates are elected shall be for one (1) year from the date of the election, as described in this section, until the election of the new Delegates.
- 10) **DEPARTMENT CONVENTION:** **Section 304** of the National Bylaws states that Delegates and Alternates to the Department Convention shall be elected at a regular meeting of the Auxiliary held not less than thirty (30) days prior to the Department Convention; one (1) Delegate and one (1) Alternate for each thirty (30) members or fraction thereof in good standing in the Auxiliary at the time of election of Delegates or as the Department Bylaws provide. The Auxiliary Secretary shall send the names of the Delegates and Alternates to the Department Secretary prior to the Department Convention.
- 11) **ANY AUXILIARY IN ARREARS** for District dues shall be deprived of Auxiliary representation at those meetings or conventions for which the dues are in arrears. Any Auxiliary in arrears for other financial obligations or supply money to National headquarters, or failing to have the office of the Treasurer bonded; failure to make quarterly audits and complying with **Section 814A** of the National Bylaws shall be deprived of Auxiliary representation on all levels. All rights shall be promptly restored upon proper adjustment of such deficiencies, per **Section 309** of National Bylaws.

- 12) **DEPARTMENT CHAIRMEN – REMINDER – IMPORTANT DEADLINES ARE MAY 15, 2009:** Please submit your voucher for awards that you plan to give at Department Convention to the Department Treasurer by **May 15, 2009**. The voucher should have winning Auxiliary name and number along with the amount awarded. Please have your entry for our convention book to our Department Secretary by 5-15-2009. **Also, Program Chairmen-- your year-end report must be to your National Director by the May 15, 2008 deadline. There are no exceptions.**
- 13) **AUXILIARY PRESIDENTS AND CHAPLAINS:** We want to honor all Sisters who have passed on by including their names in our Department Convention Memorial Service and Department Convention Book. Please make sure that the names of all Auxiliary members deceased since the last Department Convention are sent to Department Chaplain Robin Milewski by May 15, 2009. Names of those Sisters who pass on between May 15 and start of Convention should be given to Department Chaplain by telephone or e-mail. While it may be too late to insert the names in the Convention Book, they can be included in the Memorial Service.
- 14) **ATTENTION ALL MEMBERS:** The Auxiliaries of Virginia have been very generous with donations to Operation Uplink. However, all Auxiliary or member personal donations to Operation Uplink should be made **through the Department Treasurer to VFW Ladies Auxiliary Headquarters**. Give what you can and send that check to the Department Treasurer earmarked for Operation Uplink.

By the time you receive this, I will have been to Mid-Year Conference in sunny Savannah, Georgia and enjoyed my “Night on the Town”. Thank you from the bottom of my heart for your support and efforts in making this possible. Dixie does know how to throw a party!

Sisters, I have tried to keep my finger on the pulse of every Auxiliary so that I could share your successes, your heartaches, and help you when you were experiencing “growing pains”. This was my way of showing you that I truly care about YOU and appreciate all you do!

The kind expressions of support, the hundreds of calls and cards, and the prayers (even a healing prayer shawl) you have sent my way since learning of my illness show me that you have taken my theme of “love” seriously. Love changes lives, it never celebrates misfortune, and you, my Sisters, do live lives of love while helping others! Your love makes dreams become rainbows in every life you touch, every day! THANK YOU!

By Order of



Mary Profitt
Department President

Attest:



Linda S. DeShano
Department Secretary

Linda (Susie) DeShano
403 Lee Jackson Highway
Staunton, VA 24401
(540) 324-6807
Secretary62@gmail.com

March, 2009

Special Order # 184

By recommendation of the Department President and the action taken by the Auxiliary, the Charter of Carl D. Lee Auxiliary 9872, Mount Clinton, Virginia is hereby cancelled and the Auxiliary is declared defunct in accordance to Article II, Section 207, of the National Bylaws due to a lack of participation and interest of the members. The Department President shall forward the Charter to the National Headquarters. The Department President will recover all property of the Auxiliary and turn it over to the Department Treasurer.

By order of:
Dixie Hild
National President

Roster Changes and Updates

- **New Secretary:** for District 7, Ashley Crider, 9686 Phillips Store Road, Broadway, VA 22815. Phone Number 540-820-2400.
- **New Last Name, Address and Phone Number:** for Department Soloist Elizabeth Murden, now Elizabeth Wilson, 3020 Dogwood Terrace, Chesapeake, VA 23321. Phone Number 757-473-3456. **Congratulations, Liz!!!!**
- **New Secretary:** for Wilkins-Edwards Auxiliary 176, Barbara Blakely, 333 Bob White Parkway, Suffolk, VA 23435. Phone Number 757-484-1047.
- **New Address:** for William T. Allen Memorial Auxiliary 5500 President, Dawn Smith, 4301 Fontana Ave, Chesapeake, VA 23325.
- **New Secretary:** for Winchester Auxiliary 2123, Karen Steves, 2491-2 Martinsburg Pike, Stephenson, VA 22656. Phone Number 540-662-1211.

Calendar updates

- **National President's Visit:** National President Dixie Hild will visit Virginia. She will arrive at Dulles Airport in Washington D.C. on Friday May 15th and depart Monday May 18th. Further info will be made available in next month's General Orders.
- **State Convention:** June 11-14, 2009, Sheraton Richmond West Hotel, Richmond, VA, Telephone 804-285-2000. Room Rates \$93.00, through May 11, 2009.
- **National Convention:** August 15-20, 2009, Phoenix, AZ.

District Meetings Assignments

District Presidents:
 If the the date, time or place of your District meeting
 changes, please make sure **YOU** Contact your
 Department Representative and the Department Secretary
 of these changes.

| | | |
|------------|----------|--------------------------------|
| 1st | Date | 2/21/2009 |
| | Lunch | To follow meeting |
| | Meeting | 11:00 AM |
| | Location | Post 3219 - Phoebus |
| | Rep: | Jr Vice President Betty Gimble |

| | | |
|------------|----------|------------------------------|
| 8th | Date | 3/8/2009 |
| | Lunch | |
| | Meeting | 1:00 PM |
| | Location | Post 3103 - Fredericksburg |
| | Rep: | Dept President Mary Proffitt |

| | | |
|------------|----------|-------------------------------|
| 2nd | Date | 2/28/2009 |
| | Lunch | Noon |
| | Meeting | 13:00 |
| | Location | Post 4914 Franklin |
| | Rep: | Sr Vice President Kathy Birch |

| | | |
|------------|----------|-------------------------------|
| 9th | Date | 1/25/2009 |
| | Lunch | |
| | Meeting | 10:30 AM |
| | Location | Post 4667 - Marion |
| | Rep: | SR Vice President Kathy Birch |

| | | |
|------------|----------|--------------------------------|
| 3rd | Date | 3/7/2009 |
| | Lunch | follows meeting |
| | Meeting | 10:00 AM |
| | Location | 3rd District Hq |
| | Rep: | Jr Vice President Betty Gimble |

| | | |
|-------------|-----------|------------------------------|
| 10th | Date | 2/22/2009 |
| | Lunch | |
| | Meeting | 1:00 PM |
| | Location: | Post 7916 - Occoquan |
| | Rep: | Dept President Mary Proffitt |

| | | |
|------------|----------|----------------------|
| 4th | Date | 2/8/2009 |
| | Lunch | |
| | Meeting | 2:00 PM |
| | Location | Post 7819 Crewe |
| | Rep: | Guard Laine Beckwith |

| | | |
|-------------|----------|--------------------------|
| 11th | Date | 1/11/2009 |
| | Lunch | 11:30 AM |
| | Meeting | 12:30 PM |
| | Location | Post 2216 - Staunton |
| | Rep: | Conductress Cathy Graham |

| | | |
|------------|----------|------------------------|
| 5th | Date | 2/22/2009 |
| | Lunch | Noon |
| | Meeting | To follow |
| | Location | Post 647 - Danville |
| | Rep: | PDP Lee Miller None |

| | | |
|-------------|-------------|---------------------|
| 12th | Date | TBA |
| | Regisration | |
| | Meeting | 11:00 AM |
| | Location | |
| | Rep: | Convention - No Rep |

| | | |
|------------|----------|-------------------------|
| 6th | Date | 2/8/2009 |
| | Lunch | |
| | Meeting | 2:00 PM |
| | Location | Salem VA Med Ctr-Bldg 5 |
| | Rep: | PDP Glendon Webb |

| | | |
|-------------|----------|---------------------------|
| 13th | Date | 2/22/2009 |
| | Lunch | |
| | Meeting | 1:00 PM |
| | Location | Post 1827 Charlottesville |
| | Rep: | Guard Laine Beckwith |

| | | |
|------------|----------|--------------------------|
| 7th | Date | 3/8/2009 |
| | Lunch | 11:30 AM |
| | Meeting | 1:00 PM |
| | Location | Post 8613 Shenandoah |
| | Rep: | Conductress Cathy Graham |

Attention Auxiliary and District Presidents

Outstanding Auxiliary Secretary

Award for 2008-2009 **Auxiliary** Secretaries

Auxiliary Presidents give your Secretaries the praise and recognition they deserve. Nominate them for this award to be given by the Department Secretary, Susie DeShano at the June Convention.

Nominations may be made by only the Auxiliary or District President. The award will be based on outstanding job performance, loyalty to the Auxiliary at every level and acts above and beyond the call of duty. Nominations will be accepted in the form of a letter outlining why you feel they qualify for this award. Submit the letter to the Department Secretary by May 1, 2009.

The Outstanding Auxiliary Secretary will receive a Trophy and a check for \$50 from the Department of Virginia.

Susie DeShano
Department Secretary
403 Lee Jackson Highway
Staunton, VA 24401

National President Dixie Hild Visits Virginia

May 15-17, 2009

Friday, May 15

Dixie will arrive at Dulles International Airport at 3:03 p.m. on Northwest Airlines. Everyone is invited to welcome her to Virginia. Dinner will be in Luray at the historic Mimslyn Inn.

Saturday, May 16

Luray Caverns Tour

Luray, Virginia. Tours begin each day at 9:00 a.m. The time of the “Dixie” tour will be announced at a later date. Cost is \$10 per person and the tour takes approximately one hour to complete.

Ladies Auxiliary VFW 621 Luray Reception

The Ladies Auxiliary of Luray VFW Post 621 will host a reception from 5 p.m. to 7 p.m.

Sunday, May 17

The Battle of New Market Reenactment

10:00 AM: Camp Opens to the Public. Visitors are encouraged to walk through the camps and visit with the various re-enactors. Cost: \$10 per person includes everything except food, drinks and souvenirs.

Living History at Bushong Farm - this is a 3-acre farm with 9 structures interpreting a 19th century Shenandoah Farm. Civil War “sutlers” (vendors) will be selling their wares; civic and charitable organizations will sponsor food concessions (you can, however, bring your own lunch) and the Hall of Valor Civil War Museum will be opened all day long.

10:30 AM: Church Service in Camp.

1:30 PM: The Battle of New Market. (Camps closed to public during and after the Battle.) Bring your own folding chairs (to sit and watch the battle) or follow the re-enactors as they move across the park to the ending battle site. The battle reenactment lasts for approximately one hour.

Ladies Auxiliary VFW 1503 Dale City Reception

Following the event, we will travel to Dale City VFW Post 1503 for a reception. Time of the reception will be in next month’s promotion. Dixie departs from Virginia early Monday morning.

The dress for both days’ events is casual with VERY comfortable shoes as you will be doing some walking. I hope you will attend one or more of these events and meet our National President. Additions or changes to the Agenda, along with the directions to the various events will be in the next months’ General Orders.

Hotel information: Days Inn at Luray is located at 138 Whispering Hill Road, Luray near VFW Post 621 and the entrance to the Caverns. To make reservations call (540) 743-4521. The cost of a room with 2 double beds or one king is \$62.95 plus taxes.

Kathy Birch, National President Visit Chairman
304 E. Main Street
Berryville, VA 22611
(540) 955-3311
katbirch@comcast.net

National President Visit Committee Members:
Judy Kirby, Ladies Auxiliary VFW 9760
Kay Kibler, Ladies Auxiliary VFW 9660
Linda Ryman, Ladies Auxiliary VFW 2447

DISTRICTS AND AUXILIARIES THAT HAVE NOT REPORTED THEIR TAX ID NUMBERS

| | |
|-------------|--|
| DISTRICT 1 | ALL REPORTED |
| DISTRICT 2 | DISTRICT , 9382 |
| DISTRICT 3 | 1426, 2239, 9501, 10387 |
| DISTRICT 4 | DISTRICT, 637, 5313, 8048, 8902, 9855 |
| DISTRICT 5 | 1115 |
| DISTRICT 6 | DISTRICT, 1444 |
| DISTRICT 7 | DISTRICT, 1860, 8613 |
| DISTRICT 8 | DISTRICT, 2524 |
| DISTRICT 9 | DISTRICT, 7136, 9640 |
| DISTRICT 10 | 8241 |
| DISTRICT 11 | 4204, 8279, 10826 |
| DISTRICT 12 | DISTRICT, 1994, 3782, 6975, 8652, 8979, 10298, 10310 |
| DISTRICT 13 | DISTRICT, 2217, 8947 |

**Department of Virginia, Chaplain
General Orders – March 2009**

Robin Milewski, Chaplain
207 Coinjock Run
forward
Yorktown, VA 23693
Telephone: (757) 223-5763
Email: vmilewski@msn.com

*Now is a good time to take a look at your
life's map, find a better route, and move
in the direction of the good things in your
future.*

-Unknown

“Lord, keep our servicemen and women safe, whether they serve at home or overseas. Hold them in your loving hands and protect them as they protect us.”

Let's all keep those currently serving and those who have gone on before, in our thoughts. They are the reason for the many freedoms we enjoy, and let us remember the loved ones who served also.

Sympathy Cards

Pauline Smith, 375 Jefferson Street, Orange, VA 22960 – death of father
Floy Lipscomb, 7907 Marysia Court, Springfield, VA 22153 – death of father
Pat Cornwell, 8993 Meadowview Drive, Manassas, VA 20110 – death of husband
Paul Sutton, 7819 McLean Street, Manassas, VA 20111 – death of wife (Aux sister)

Illness/Surgery

Lorna Beaulieu, 828 Berkshire Terrace, Hampton, VA 23666 – hospitalization
Virginia Adkins, P.O. Box 173, Coeburn, VA 24230 – cancer
Helen Galliher, 23191 Taylor Valley Road, Damascus, VA 24236 – surgery
Estelle Owens, P.O. Box 718, Damascus, VA 24236 - illness

Thinking of You

Ida McCracken, 6700 Suttles Court, Fredericksburg, VA 22407
Alyson Pugh, 3255 Islington Road, Warsaw, VA 22572 – long term illness (19 yr old member)
Frances McFarland, P.O. Box 376, Tazewell, VA 24651 – home from long stay in nursing home

*It is hard to understand why people are taken away from us,
But find comfort in knowing you were a special part of a well-lived life.
- Unknown*

Americanism/Patriotic Instructor

Beverly B. Abbott
130 Brookview Rd
Danville, VA 24540-3408

Phone: (434) 792-4497
E-Mail: desiabbott@comcast.net
General Orders March

*“Meet the needs of others through living a life of love”
And “Our dreams become rainbows”*

Americanism is allegiance to the traditions, interests, or ideals of the United States. Pride in our country, respect for our flag, and appreciation of the freedoms and privileges that we enjoy are the foundation of Americanism.

Patriotic Days in March: March 3, 1931, the *Star Spangled Banner* became our National Anthem
March 4, 1789, The Constitution of the United States went into effect. On
April 12, many of us will celebrate Easter. Take this time to remind the veterans who sacrificed to give us our freedom. The third Monday in April is Patriot's Day which commemorates the Battle of Lexington and Concord on April 19, 1775. This battle began the American Revolutionary War. It also honors the "Midnight Ride of Paul Revere", that evening when Paul Revere rode through town warning the colonists that "The Red Coats are coming!"

Spring is around the corner...people will take to the outdoors, many craft fairs will be held. There will be many opportunities to have a booth to pass out information about our great organization, recruit new members, distribute flags, pencils, flag etiquette brochures, or even have a flag pole to demonstrate a flag raising and placing the flag at half mast. Even in passing, if someone sees this being done, and you showing the proper respect, they may take it to heart and practice it in earnest.

The schools are now in the second semester and will be working diligently towards completing the work in preparation for the Standards of Learning (SOL) tests which are given in May. Kindergarten, first and third grade SOLs in which your auxiliary can instruct the students are:

In **kindergarten**, SOL K.9: the student will recognize the American flag and the Pledge of Allegiance...

In **grade 1**, SOL L1.1a, b: the student will identify the American flag and demonstrate respect for the American flag by learning the Pledge of Allegiance.

In **grade 3**, SOL 3.11c: the student will recognize that Veterans Day and Memorial Day honor people who have served to protect the country's freedoms.

Although the SOLs address different grade levels, it is the third (3rd) grade which is tested on the SOLs for K – 3.

Contact the school principals and arrange for an assembly or meet with individual classes (especially the 3rd grade) to instruct the students on the proper respect of the U. S. flag and how to properly say the Pledge of Allegiance. Inform them of the patriotic holidays, how the flag is displayed, and the proper way to place the flag at half mast for those patriotic days in which it is done. The same presentation can be done with a Brownie troop, a Tiger Cub, or Cub Scout troop. Let's educate our youth on the ideals on which we stand.

Don't forget your plans for **Loyalty Day! May 1** will be here before we know it!
 Begin a flag collection project now and have your flag retirement ceremony on Flag Day in June.

Remember...continue to educate others, be good role models *and*
"Our Dreams will become Rainbows."

Awards: best Americanism program, Patriotic Instructor education, and Loyalty Day program.

REPORT! Don't wait until the last minute...
 Report forms are online and in the President's Handbook.
 Remember: reporting began in June ~ so, let's get those reports in.

District 1 is now 100%! Way to go...everyone else, let's catch up!
Districts 8, 9, & 13 only one more auxiliary to go to 100%

Ladies, get your reports in...and keep up the great work of your Auxiliary by promoting patriotism in your community and REMEMBER to **REPORT ALL THAT YOU DO!**

YOU are your best publicist!

Report ALL patriotic activities your Post and Auxiliary have completed.

| Dist. No. | No. of Aux. | Auxiliaries ~ NOT ~ Reported as of Mar. 10 | | | | | % Rptd |
|--------------|-------------|--|------|------|------|-------|--------|
| 1 | 6 | | | | | | 100 |
| 2 | 7 | 4411 | 9382 | | | | 71 |
| 3 | 12 | 2239 | 9808 | | | | 83 |
| 4 | 13 | 5313 | 8048 | 8759 | 8902 | | 69 |
| 5 | 9 | 2820 | 7800 | | | | 78 |
| 6 | 8 | 1841 | 7854 | | | | 75 |
| 7 | 9 | 2123 | 8613 | 9292 | | | 50 |
| 8 | 3 | 7589 | | | | | 67 |
| 9 | 8 | 7328 | | | | | 88 |
| 10 | 8 | 7916 | 8241 | | | | 75 |
| 11 | 12 | 2424 | 4204 | 7814 | 9480 | 10826 | 58 |
| 12 | 8 | 1994 | 6975 | 8652 | 9600 | 9830 | 38 |
| 13 | 6 | 8436 | | | | | 83 |
| Total | 112 | | | | | | 72 |

Loyally,
 Beverly Abbott

Patriotic Instructor

March 2009

Gail M. Payne
Department Patriotic Instructor
3709 Palace Place,
Virginia Beach, VA 23452
757-631-9286
E-mail address: Gpayne@specialtyproducts.net

Our Flag

*From my position on a pole above that star shaped fort
I saw the British sail into that Baltimore port.
And when the fighting started I flew with pride,
And even took a shell deep into my side.*

*By the dawn's early light and the rockets red glare,
All could see, that I was still there.*

*And when the battle started in our nation so torn,
And another flag for our country was born,
I was carried aloft and held real high,
Only to watch the kin folk die.*

*It didn't bother the Blue and the Grey
Both flags were the same color anyway.*

*The war in the Pacific was another place,
For men to die just to save face.
A band of Marines knew just what to do,
And on Mount Surabachi, I flew there too.*

*As stars were added to my field of blue,
And another chore I was given to do,
For when heroes died like all the rest,
I covered them for they gave their best.
They gave their all in their love for me,
From the air, the land and the deep blue sea.*

*And when the towers fell that September morn,
They found me alone all tattered and torn.
They flew my brother from a makeshift pole,
Those three firemen with heart, and sole.*

***I was carried to the Games with pride in the heart,
Though I was torn I was not torn apart.
I may have stumbled and I may have fell,
But Osama you can go right straight to hell.***

***I still fly proud and true,
And I still stand, Red, White and Blue.***

***Now the laws have changed, and it's a shame,
For now they allow people to play a game.
To use me in display of their own free will,
To wear me, burn me, and abuse me still.***

***To let me fly without a light, till I am torn and tattered,
It just isn't right.***

***Now when I am old and tattered, And no longer can fly.
To look at me brings a tear to your eye.
Then show me the love that I showed you,
And take proper care of the Red White and Blue.***

By George R. McKinney
Copyright 2001

March 2009

BANNER

**Kay S. Kibler, Chairman 9652 Phillips Store Rd Broadway, VA
22815
540-896-5335 or 540-820-2331 (cell) kiblerk@hotmail.com**

To: Department Chairman, District Presidents, Auxiliary Presidents,
Auxiliary Chairmen and Members

Ladies, this is it! The end of the reporting period is March 31. Go back through everything you've done and make sure you've sent a report in to the appropriate Chairman.

Here is your checklist:

- Audits:** Have they been done **AND** sent to the Department Treasurer?
- District Dues:** Were they paid by September 30, 2008 **AND** reported?
- District Meeting:** Did you attend at least ONE since June 2008?
- Programs:** Did you do all the required programs **AND** report it to the appropriate Chairman?
- General Orders:** Check them and see if you are reported or not. If not, CONTACT the Department Chairman
- Monetary Donations:** Did your auxiliary make the required donations **AND** report it? CANCER FUND, STATE HOSPITAL FUND & HEALTH AND HAPPINESS (National Home for Children)

Remember, it's not just doing the programs. You have to remember to REPORT! REPORT! REPORT! This is the ONLY way the Chairman can give you credit for what your auxiliary is doing. And it is how I know what you've done and give you credit. I too go by what the General Orders are saying.

So, you've got ONE MONTH to go! You can do it! Sit down and get those reports in. Maybe you need something a little stronger than tea to get them done. So pour yourself a cup of COFFEE!!! Do whatever it takes.

KEEP REPORTING! KEEP REPORTING! KEEP REPORTING!

**CONGRATULATIONS TO THOSE AUXILIARIES THAT MET THE
MEMBERSHIP DEADLINE OF DECEMBER 31!**

**Good luck ladies!
Kay**

REQUIREMENTS 2008-09
LADIES AUXILIARY VFW – DEPARTMENT OF VIRGINIA
REPORTING PERIOD: JULY 1, 2008 - MARCH 31, 2009

MEMBERSHIP: 100% dues paid no later than Dec. 31, 2008

All requirements based on June 30, 2008 membership. All dues are sent to Department Treasurer, Debbie Martin, 539 Westwood Rd., Ruckersville, Va. 22968. **CHECK PAYABLE TO: Ladies Auxiliary VFW, Department of Virginia.** (postmarked no later than Dec. 31, 2008)

AUXILIARY AUDITS: Auxiliary Quarterly Audits Reports must be conducted for the calendar quarters ending in **MARCH 2008, JUNE 2008, SEPTEMBER 2008, DECEMBER 2008, (National By-laws Sec.814A)** This report must be sent to Department Treasurer: (SAME ADDRESS AS ABOVE) The Department Treasurer will verify audit report to Banner Chairman after each Audit.

DISTRICT DUES: Auxiliaries MUST pay District Dues (National By-laws Sec. 506) by September 30, of current Auxiliary year. THE DISTRICT TREASURER WILL VERIFY PAYMENT TO BANNER CHAIRMAN.

ATTENDANCE: An Auxiliary member must be present at either a District Meeting or Department Council/Conference, during the reporting period. **DISTRICT AND DEPARTMENT SECRETARY WILL VERIFY ATTENDANCE TO BANNER CHAIRMAN – AFTER EACH MEETING.**

District Conventions/Election of Officers **DOES NOT count.

PARTICIPATION: Each Auxiliary must participate in the National Programs shown below and MUST REPORT TO DEPARTMENT CHAIRMAN BY MARCH 31, 2009. (NO EXCEPTIONS)

| | | | |
|-----------------------------|------------------------------|--|---------------------|
| Americanism | Youth Activities (any) | Veterans & Family Support | |
| Cancer Aid & Research | Patriotic Art | 1. Unmet Needs | 7. Operation Uplink |
| Community Service | Jr. Girls | 2. MAP | 8. Adopt a Unit |
| Hospital/VAVS | (report in at least2) | 3. Buddy Poppy | 9. Fisher House |
| Legislative/VFW-PAC | VOD/Patriots Pen | 4. VFW National Home | 10. Wreaths Across |
| America | | 5. Snowball Express | |
| (either one or both) | (either one or both) | 6. Continuing Education Scholarship | |
| | | (must complete at least 5 of the 10 listed) | |

DONATIONS:

1. CANCER FUND: \$2.00 per member. Based on June 30, 2008 membership. Checks payable to Ladies Auxiliary VFW, Department of Virginia marked for **Cancer Fund.** Send to Department Treasurer no later than **MARCH 31, 2009. DEPARTMENT TREASURER WILL REPORT THESE DONATIONS TO THE DEPARTMENT CHAIRMAN.**

2. STATE HOSPITAL FUND: \$35.00. Checks payable to Ladies Auxiliary VFW, Department of Virginia, marked **Hospital Fund.** Send to Department Treasurer, no later that **MARCH 31, 2009. DEPARTMENT TREAUSRER WILL REPORT THESE DONATIONS TO THE DEPARTMENT CHAIRMAN.**

3. HEALTH & HAPPINESS FUND: \$0.25 per member, based on June 30, 2008 membership. New Auxiliaries based on institutional membership. Checks payable to Ladies Auxiliary VFW, marked **Health & Happiness Fund.** Send to: **NATIONAL TREASURER, 406 W. 34th STREET 10th Floor, KANSAS City, MO. 64111.** Postmarked no later than **MARCH 31, 2009. NATIONAL TREASURER WILL VERIFY REPORT TO DEPARTMENT CHAIRMAN.**

4. POLITICAL ACTION COMMITTEE: (for your information if you choose) No funds can be derived from VFW Post or Auxiliary membership dues or treasuries. Funds are obtained from individual contributions and/or fund raisers held by Post or Auxiliaries. Make checks payable to VFW-PAC, and mailed to

200 Maryland Ave. N.E., Washington D.C. 20002 and report to Department Legislative/VFW-PAC Chairman postmarked no later than **MARCH 31, 2009.** **DEPARTMENT CHAIRMAN WILL VERIFY TO BANNER CHAIRMAN.**

Approved: Department Convention
June 2008
Banner Chairman

Kay S. Kibler,

Date
2/14/2009

| Annual | YTD | % to Date | Hospital Donations | | | 2.00 per member | | Cancer | Cancer | Special | Operation |
|------------|-----|-----------|--------------------|-------|------|-----------------|------|--------|-----------|---------|-----------|
| Membership | | | Banner | Other | Drug | Amount | Paid | Pins | Donations | Project | Uplink |

District 1

| | | | | | | | | | | | | | |
|-----------|--------------|-----|-----|---------|-----|-----|----|-----|-----|-----|--------|-----|-----|
| 176 | Newport News | 35 | 28 | 80.00% | 35 | | | 70 | 70 | 20 | 25 | 50 | 75 |
| 824 | Grafton | 19 | 23 | 121.05% | 35 | 25 | | 38 | 38 | 10 | | 25 | 50 |
| 3219 | Phoebus | 223 | 199 | 89.24% | 35 | 25 | 10 | 446 | 466 | 50 | 165.50 | 10 | 25 |
| 4856 | Exmore | 27 | 0 | 0.00% | | | | | | | | | |
| 5500 | Hampton | 15 | 31 | 206.67% | 35 | 25 | 10 | 30 | 52 | 12 | | 10 | 60 |
| 6002 | Denbigh | 65 | 53 | 81.54% | 35 | 15 | | 130 | 130 | 20 | | 25 | |
| 7167 | Warsaw | 74 | 75 | 101.35% | 35 | 100 | | 148 | 155 | 30 | 74.59 | 100 | 50 |
| 8252 | Gloucester | 29 | 0 | 0.00% | | | | | | | | | |
| Total (8) | District 1 | 487 | 409 | 83.98% | 210 | 190 | 20 | 862 | 911 | 142 | 265.09 | 220 | 260 |

District 2

| | | | | | | | | | | | | | |
|-----------|----------------|------|------|---------|-----|--|--|------|------|-----|------|-----|-----|
| 392 | Virginia Beach | 351 | 304 | 86.61% | 35 | | | 702 | 702 | 50 | 3066 | 25 | 50 |
| 993 | Portsmouth | 92 | 83 | 90.22% | 35 | | | 184 | 182 | 30 | 500 | | |
| 3160 | Ocean View | 307 | 259 | 84.36% | 35 | | | 614 | 614 | 50 | | 25 | |
| 4411 | Franklin | 51 | 51 | 100.00% | 35 | | | 102 | 102 | 40 | | 50 | 50 |
| 4809 | Norfolk | 330 | 332 | 100.61% | 35 | | | 660 | 660 | 100 | 1200 | 50 | 100 |
| 8545 | Smithfield | 22 | 31 | 140.91% | 35 | | | 44 | 50 | | | 50 | |
| 9382 | Suffolk | 61 | 59 | 96.72% | 35 | | | 122 | 122 | 40 | | 25 | |
| Total (6) | District 2 | 1214 | 1119 | 92.17% | 245 | | | 2428 | 2432 | 310 | 4766 | 225 | 200 |

Date
2/14/2009

| Annual | YTD | % to Date | Hospital Donations | | | 2.00 per member | | Cancer | Cancer | Special | Operation |
|------------|-----|-----------|--------------------|-------|------|-----------------|------|--------|-----------|---------|-----------|
| Membership | | | Banner | Other | Drug | Amount | Paid | Pins | Donations | Project | Uplink |

District 3

| | | | | | | | | | | | | | |
|------------|------------------|-----|-----|---------|-----|-----|--|------|------|-----|--------|-----|-----|
| 1426 | Midlothian | 31 | 23 | 74.19% | 35 | | | 62 | 62 | | | | |
| 2239 | Colonial Heights | 97 | 91 | 93.81% | 35 | | | 194 | 196 | 40 | 77 | | |
| 3125 | Ruther Glen | 4 | 4 | 100.00% | | | | 8 | | | | | |
| 4639 | Williamsburg | 38 | 39 | 102.63% | 35 | | | 76 | 76 | 45 | | 25 | |
| 6364 | West Richmond | 33 | 32 | 96.97% | 35 | | | 66 | 66 | | | | |
| 8046 | Norge | 42 | 54 | 128.57% | 35 | | | 84 | 84 | 30 | | | 100 |
| 8356 | West Point | 27 | 27 | 100.00% | 70 | 100 | | 54 | 54 | 20 | 280.08 | 25 | 25 |
| 9224 | Richmond | 29 | 24 | 82.76% | 35 | | | 58 | 50 | 20 | | 25 | |
| 9501 | Central Garage | 41 | 42 | 102.44% | 35 | | | 82 | 82 | 20 | | | |
| 9808 | Mechanicsville | 163 | 154 | 94.48% | 35 | | | 326 | 326 | 60 | 300 | | |
| 10387 | Petersburg | 43 | 35 | 81.40% | 35 | | | 86 | 86 | 30 | | 25 | 100 |
| 10654 | Richmond | 32 | 34 | 106.25% | 35 | | | 64 | 66 | 30 | | 100 | 400 |
| 10657 | Glen Allen | 33 | 28 | 84.85% | 35 | | | 66 | 66 | 20 | | | |
| Total (13) | District 3 | 613 | 587 | 95.76% | 455 | | | 1226 | 1214 | 315 | 657.08 | 200 | 625 |

District 4

| | | | | | | | | | | | | | |
|------------|---------------|-----|-----|---------|-----|-----|--|------|------|-----|-----|-----|-----|
| 622 | Petersburg | 47 | 48 | 102.13% | 35 | 25 | | 94 | 108 | 72 | | 25 | 25 |
| 637 | Hopewell | 62 | 71 | 114.52% | 35 | | | 124 | 124 | | | | |
| 2584 | Cullen | 37 | 36 | 97.30% | 35 | | | 74 | 72 | | | | |
| 5313 | Nottoway | 25 | 27 | 108.00% | 35 | | | 50 | 50 | 10 | | | |
| 7059 | Farmville | 67 | 60 | 89.55% | 35 | | | 134 | 134 | 30 | | 25 | 50 |
| 7166 | South Hill | 90 | 75 | 83.33% | 35 | 200 | | 180 | 188 | 30 | 200 | 100 | 200 |
| 7819 | Crewe | 76 | 81 | 106.58% | 35 | | | 152 | 152 | 70 | | 50 | |
| 7897 | Blackstone | 24 | 3 | 12.50% | | | | 48 | | | | | |
| 8048 | Lawrenceville | 27 | 26 | 96.30% | 35 | | | 54 | 58 | 20 | | 25 | |
| 8163 | Clarksville | 72 | 71 | 98.61% | 35 | 15 | | 144 | 144 | 26 | 20 | | |
| 8617 | | 3 | 0 | 0.00% | | | | | | | | | |
| 8759 | Amelia | 55 | 51 | 92.73% | 35 | | | 110 | 110 | 10 | | 25 | |
| 8902 | Keysville | 12 | 12 | 100.00% | 35 | | | 24 | 24 | 10 | | | |
| 9855 | Appomattox | 29 | 30 | 103.45% | 35 | | | 58 | 58 | 20 | | | 50 |
| 9954 | Victoria | 198 | 200 | 101.01% | 35 | | | 396 | 396 | 30 | 465 | 10 | 100 |
| Total (16) | District 4 | 824 | 791 | 96.00% | 455 | 240 | | 1642 | 1618 | 328 | 685 | 260 | 425 |

Date
2/14/2009

| Annual | YTD | % to Date | Hospital Donations | | | 2.00 per member | | Cancer | Cancer | Special | Operation |
|------------|-----|-----------|--------------------|-------|------|-----------------|------|--------|-----------|---------|-----------|
| Membership | | | Banner | Other | Drug | Amount | Paid | Pins | Donations | Project | Uplink |

District 5

| | | | | | | | | | | | | | |
|-----------|----------------|-----|-----|---------|-----|-----|----|------|------|-----|----------|-------|-----|
| 647 | Danville | 103 | 103 | 100.00% | 35 | | | 206 | 206 | 30 | 1,000.00 | 50 | |
| 1115 | Hillsville | 470 | 437 | 92.98% | 35 | 50 | | 940 | 940 | 80 | | | |
| 2820 | Bassett | 20 | 12 | 60.00% | | | | 40 | | | | | |
| 4637 | Martinsville | 49 | 50 | 102.04% | 35 | | | 98 | 98 | 10 | 336.66 | 25 | |
| 7568 | Galax | 30 | 31 | 103.33% | 35 | | | 60 | 60 | 30 | | 10 | |
| 7726 | Grayson | 154 | 156 | 101.30% | 35 | | 15 | 308 | 308 | 30 | | 32.5 | |
| 7800 | Stuart | 27 | 27 | 100.00% | 35 | | 78 | 54 | 54 | 20 | | | |
| 8243 | Halifax | 64 | 57 | 89.06% | 35 | 100 | | 128 | 128 | 30 | | 25 | 100 |
| 8467 | Meadows of Dan | 53 | 54 | 101.89% | 35 | | | 106 | 106 | 20 | 27 | | |
| Total (8) | District 5 | 970 | 927 | 95.57% | 280 | 150 | 93 | 1940 | 1900 | 250 | 1,363.66 | 142.5 | 100 |

District 6

| | | | | | | | | | | | | | |
|-----------|----------------|-----|-----|---------|-----|----|--|-----|-----|-----|--|-----|--|
| 1033 | Covington | 103 | 99 | 96.12% | 35 | 25 | | 206 | 206 | 30 | | 25 | |
| 1264 | Roanoke | 60 | 61 | 101.67% | 35 | | | 120 | 126 | 30 | | 20 | |
| 1444 | Dunbar Roanoke | 42 | 40 | 95.24% | 35 | | | 84 | 84 | 10 | | | |
| 1841 | Fincastle | 56 | 55 | 98.21% | 35 | | | 112 | 112 | 12 | | 25 | |
| 2157 | Bedford | 56 | 55 | 98.21% | 35 | | | 112 | 112 | 22 | | 50 | |
| 4522 | Vinton | 61 | 56 | 91.80% | 35 | | | 122 | 122 | 20 | | 25 | |
| 5311 | Christiansburg | 46 | 45 | 97.83% | 35 | | | 92 | 92 | 20 | | | |
| 7854 | Floyd | 29 | 13 | 44.83% | 35 | | | 58 | 58 | 10 | | 10 | |
| Total (8) | District 6 | 453 | 424 | 93.60% | 280 | 25 | | 906 | 912 | 154 | | 155 | |

Date
2/14/2009
District 7

| Annual Membership | YTD | % to Date | Hospital Donations | | | 2.00 per member | | Cancer | Cancer | Special | Operation |
|----------------------|-----|-----------|--------------------|-------|------|-----------------|------|--------|-----------|---------|-----------|
| | | | Banner | Other | Drug | Amount | Paid | Pins | Donations | Project | Uplink |

| | | | | | | | | | | | | | |
|-----------|-------------|-----|-----|---------|-----|-----|----|------|------|-----|-----|-----|-----|
| 621 | Luray | 109 | 119 | 109.17% | 35 | | | 218 | 218 | 40 | 30 | 100 | 600 |
| 1860 | Front Royal | 149 | 151 | 101.34% | 35 | 75 | 25 | 298 | 298 | 40 | 106 | 25 | 100 |
| 2123 | Winchester | 71 | 17 | 23.94% | 35 | | | 142 | 142 | | | | |
| 2447 | Edinburg | 87 | 83 | 95.40% | 35 | 100 | | 174 | 174 | 40 | | 25 | 100 |
| 8613 | Shenandoah | 87 | 75 | 86.21% | | | | 174 | | 20 | | | |
| 9292 | Elkton | 32 | 31 | 96.88% | 35 | | | 64 | 66 | 10 | | | |
| 9660 | Broadway | 78 | 79 | 101.28% | 35 | | | 156 | 156 | 50 | | | |
| 9760 | Berryville | 176 | 177 | 100.57% | 35 | | | 352 | 352 | 100 | | 25 | 70 |
| 9872 | Mt. Clinton | 30 | 29 | 96.67% | | | | 60 | 60 | 20 | | | |
| Total (8) | District 7 | 819 | 761 | 92.92% | 245 | 175 | | 1638 | 1466 | 320 | 136 | 50 | 870 |

District 8

| | | | | | | | | | | | | | |
|-----------|----------------|-----|-----|---------|-----|-----|----|-----|-----|-----|--------|----|--|
| 2524 | Culpeper | 63 | 63 | 100.00% | 35 | | | 126 | 126 | 30 | 84.40 | 25 | |
| 3103 | Fredericksburg | 107 | 107 | 100.00% | 35 | 100 | 50 | 214 | 214 | 40 | 100 | 25 | |
| 7589 | Manassas | 62 | 59 | 95.16% | 35 | | | 124 | 124 | 40 | 75 | 25 | |
| Total (4) | District 8 | 232 | 229 | 98.71% | 105 | 100 | 50 | 464 | 464 | 110 | 259.40 | 75 | |

District 9

| | | | | | | | | | | | | | |
|-----------|------------|-----|-----|---------|-----|----|----|------|------|-----|-----|-----|-------|
| 1184 | Pulaski | 37 | 39 | 105.41% | 35 | | | 74 | 76 | 40 | | 50 | 50 |
| 4667 | Marion | 121 | 133 | 109.92% | 35 | | | 242 | 242 | 40 | | 100 | |
| 6000 | Narrows | 115 | 98 | 85.22% | 35 | | | 230 | 230 | 20 | 58 | 30 | |
| 7136 | Tazewell | 51 | 30 | 58.82% | 35 | | | 102 | 102 | 40 | | 25 | |
| 7328 | Saltville | 29 | 28 | 96.55% | 35 | | | 58 | 58 | | | | |
| 7969 | Bland | 32 | 32 | 100.00% | 35 | | | 64 | 64 | 20 | | 15 | |
| 9640 | Richlands | 42 | 29 | 69.05% | 35 | | | 84 | 84 | | | | |
| 9696 | Bluefield | 140 | 117 | 83.57% | 35 | 50 | 50 | 280 | 300 | 50 | 50 | 25 | 88.5 |
| Total (8) | District 9 | 567 | 506 | 89.24% | 280 | | | 1134 | 1156 | 210 | 108 | 245 | 138.5 |

Date
2/14/2009

| Annual | YTD | % to Date | Hospital Donations | | | 2.00 per member | | Cancer | Cancer | Special | Operation |
|------------|-----|-----------|--------------------|-------|------|-----------------|------|--------|-----------|---------|-----------|
| Membership | | | Banner | Other | Drug | Amount | Paid | Pins | Donations | Project | Uplink |

District 10

| | | | | | | | | | | | | | |
|-----------|--------------|-----|-----|---------|-----|--|--|------|------|-----|--------|-----|-----|
| 609 | Alexandria | 36 | 29 | 80.56% | 35 | | | 72 | 72 | | 10 | 25 | |
| 1503 | Dale City | 328 | 335 | 102.13% | 35 | | | 656 | 656 | 100 | | 25 | 100 |
| 3150 | Arlington | 158 | 259 | 163.92% | 35 | | | 316 | 316 | 55 | 15 | 250 | |
| 7327 | Springfield | 130 | 135 | 103.85% | 35 | | | 260 | 260 | 140 | | 200 | |
| 7916 | Woodbridge | 105 | 98 | 93.33% | 35 | | | 210 | 210 | | | | |
| 8241 | McLean | 43 | 36 | 83.72% | 35 | | | 86 | 86 | 14 | | | |
| 9274 | Falls Church | 56 | 57 | 101.79% | 35 | | | 112 | 112 | 30 | 173.95 | 50 | |
| 9478 | Sterling | 22 | 26 | 118.18% | 35 | | | 44 | 46 | 10 | | 25 | |
| Total (9) | District 10 | 878 | 975 | 111.05% | 280 | | | 1756 | 1758 | 349 | 198.95 | 575 | 100 |

District 11

| | | | | | | | | | | | | | |
|------------|----------------|-----|-----|---------|-----|-------|--|------|------|-----|--------|-----|-----|
| 632 | Harrisonburg | 216 | 210 | 97.22% | 35 | 5,000 | | 432 | 434 | 40 | | 25 | |
| 1499 | Lexington | 71 | 73 | 102.82% | 35 | | | 142 | 142 | 20 | 44.60 | 200 | |
| 2216 | Staunton | 136 | 90 | 66.18% | 35 | | | 272 | 272 | 60 | | 100 | |
| 2424 | Waynesboro | 41 | 40 | 97.56% | 35 | | | 82 | 82 | 20 | | 25 | |
| 3136 | Mt. Solon | 19 | 19 | 100.00% | 35 | | | 38 | 38 | 20 | | | |
| 4204 | Hot Springs | 42 | 42 | 100.00% | 35 | | | 84 | 84 | 20 | | | |
| 7814 | Staunton | 19 | 21 | 110.53% | 35 | | | 38 | 40 | 20 | | | |
| 8279 | Steeles Tavern | 26 | 26 | 100.00% | 35 | | | 52 | 52 | 10 | | 10 | |
| 8644 | Bridgewater | 109 | 102 | 93.58% | 35 | 215 | | 218 | 218 | 30 | | | 300 |
| 9339 | Stuarts Draft | 53 | 40 | 75.47% | 35 | | | 106 | 108 | 40 | | | |
| 9480 | Craigsville | 23 | 23 | 100.00% | 35 | | | 46 | 44 | 20 | | | |
| 10826 | Verona | 17 | 14 | 82.35% | 35 | | | 34 | 34 | 7 | | | |
| Total (12) | District 11 | 772 | 700 | 90.67% | 420 | 5,215 | | 1544 | 1548 | 307 | 704.60 | 360 | |

CANCER AID AND RESEARCH

TO: All District Presidents, Auxiliary Presidents and Members

FROM: Lee Miller, Dept. C.A.R. Chairman
3907 Yorktown Drive
Hopewell, VA 23860

March 2009

“LIVE A LIFE OF LOVE, WHILE MEETING THE NEEDS OF OTHERS”

and

“OUR DREAMS BECOME RAINBOWS”

In this General Order we are going to touch on another Cancer that can strike women. It is Cervical Cancer. As I have stated in past G.O. these facts are not meant to scare you, but to advise you a little bit.

Cervical cancer is caused by a virus called Human Papilloma Virus (HPV). HPV is spread through sex and most people who have had sex have had this virus at some time in their lives. The infection doesn't last very long because your body is able to fight the infection. The best way to find out if you have this virus is by having a Pap test.

Any man or woman who had ever had sex can get HPV that is how the virus is spread.

HPV is a virus that can lead to cervix cancer. Most cervix cancer can be prevented by having a Pap test and if the doctor finds abnormal cell changes. Cervix cancer is rare today in women who get their Pap tests.

Most HPV infections go away without causing cervix changes, HPV does not have any symptoms and cannot be treated, but the cell changes that HPV can cause in the cervix can be treated. HPV that does not go away over many years can lead to cervix cancer.

Remember, prevention is the best medicine so have your Pap test on a regular basis and ask your physician to check for the HPV virus.

Remember to be promoting the “Dime a Day” program at your meetings and this can be presented at the June Convention.

If you haven't already done so, please send in your \$2.00 per member and REPORT it to me. Also, if you have not sent in the money for your cancer pins, please do that now and report that to me.

*The following Auxiliaries **NOT** reported are:

| | |
|----------|--|
| Dist. 1 | 824 |
| Dist. 2 | 100% Congratulations!!!! |
| Dist. 3 | 1426 |
| Dist. 4 | 100 % Congratulations!!!! |
| Dist. 5 | 2820 |
| Dist. 6 | <u>1841</u> , 7854 |
| Dist. 7 | <u>621</u> , 2123, 8613, <u>9292</u> |
| Dist. 8 | 100% Congratulations!!!! |
| Dist. 9 | 9640 |
| Dist. 10 | <u>7916</u> , 8241 |
| Dist. 11 | <u>4204</u> , <u>9480</u> |
| Dist. 12 | <u>1994</u> , 6975, 8652, 8979, 9600, 9830, REPORT, REPORT, REPORT |
| Dist. 13 | 100% Congratulations!!!! |

Auxiliaries that are underlined have sent their \$2.00 per member to the Department Treasurer, but have not sent me a report. Remember you must send me a written report so I can credit your Auxiliary and also to give credit where it is due at the Convention in June. It does not have to be on a report form, but make sure your Auxiliary number and District number are on the report.

A thought to ponder: "A life without friends, is like a garden without flowers."

Loyally,

Lee

Community Service

Carol Vangi
1024 Hullview Ave.
Norfolk, VA 23503

Phone: 757-621-5519
E-Mail:cvangicomserv@yahoo.com
March, 2009

Our Dreams Become Rainbows Live a Life of Love While Serving The Needs Of Others Educate – Communicate – Participate

We have some Auxiliaries that I have not received a report from. It would be great for the Department of Virginia to be 100% reported. Just remember anything that your Auxiliary or Auxiliary member does to benefit the community can be reported. With these tough economic times, non profit organizations that help the community need our help now more than ever before. Making a monetary donation to St. Jude's Children's Hospital, your local Salvation Army, food banks, and volunteer fire departments. The possibilities are endless. For those Auxiliaries that have reported.....DON'T STOP KEEP THE REPORTS COMING!!!!!!!!!!!!

Disaster Preparedness and Safety: Springtime will soon be here....Hurray!!!! With spring and summer weather increases the possibility of sever storms and tornados. This is a perfect time to organize a safety seminar along with your post with the aid of local police or fire departments to cover weather preparedness and home safety. If you live a larger community that has local TV stations, invite one of their meteorologists. For more ideas about disaster preparedness and safety programs go to www.citizenscorps.gov , www.ready.gov. or www.ReadyVirginia.gov.

Connect America: Offer individuals and organizations opportunities to work together toward a common goal. To lean more go to www.pointsoflight.org .

Veterans Oral History Project: The Veterans History Project (VHP) collects and preserves the remembrances of American war veterans from World War I, World War II, the Cold War, Korean War, Vietnam War, Persian Gulf War (1990-1995), Afghanistan and Iraq conflicts from 2001-present. U. S. citizen civilians who actively supported the war effort such as war industry workers, USO workers, flight instructors, medical volunteers, etc. are also included in the VHP. The collection of first-hand accounts are archived in the American Folklife Center at the Library of Congress. I would guess there are those who served that would love to share their story. It may be a post member, an auxiliary member, a relative or neighbor. For those Auxiliaries that have a Junior Girl's Unit this would be a great project for them. For more information go to www.loc.gov/vets.html or call 888-371-5848.

REMEMBER: Community Service is anything a person does that benefits the community; they DO NOT receive compensation, are done in the name of Auxiliary, with Auxiliary approval and are voted on so that it is a part of the minutes and official Auxiliary business. There is no value on time that can be reported. It is most helpful to use the reporting form and complete the summary on the reporting form. Don't forget to count mileage in the cost of the project. \$.14 per mile for each member that participates in

the project. You can e-mail the reports or send by mail. Reporting forms are available on the department website. www.vfwvaaux.org.

Department percentage – 73.4% Reported

| Dist No. | No. of Aux | Auxiliaries > NOT < Reported as of NO | | | | | | | | % Rptd |
|----------|------------|---------------------------------------|------|-------|------|------|-------|--|--|--------|
| | | Feb 10 | | | | | | | | |
| 1 | 6 | | | | | | | | | 100% |
| 2 | 7 | | | | | | | | | 100% |
| 3 | 12 | 8046 | 9224 | 9808 | | | | | | 75% |
| 4 | 13 | 5313 | 8048 | | | | | | | 84% |
| 5 | 9 | 2820 | 7800 | | | | | | | 78% |
| 6 | 8 | 1444 | 7854 | | | | | | | 75% |
| 7 | 9 | 621 | 2123 | 8613 | 9292 | | | | | 56% |
| 8 | 3 | | | | | | | | | 100% |
| 9 | 8 | | | | | | | | | 100% |
| 10 | 8 | 7916 | 8241 | | | | | | | 75% |
| 11 | 12 | 2216 | 2424 | 4204 | 7814 | 9480 | | | | 58% |
| 12 | 8 | 1994 | 6975 | 8652 | 9600 | 9830 | 10310 | | | 25% |
| 13 | 6 | 1827 | 7683 | 10574 | | | | | | 50% |

EXTENSION

Chairman

Ines Kerch

1918 Storm Drive
Falls Church, VA 22043
703-790-8221

March 2009

Ahh, Spring 2009 !

Ladies, we are fast approaching our Auxiliary Year-end. We need to examine our paperwork to ensure all our completed projects have been reported to the Department Chairs.

The Extension and Membership Chairs have equal membership concerns for auxiliary members to **Recruit**, **Retain**, and **Reinstate**. Like a thermometer that helps a person monitor and maintain health, these **3 R's** help our organization at every level to maintain its "health." *Healthy* Auxiliaries have a strong membership base. We want to do our part in keeping ours strong! In so doing, we contribute to a *healthy* Department and a *healthy* National organization.

You have probably done everything you can think of to *recruit*, *retain*, and *reinstate* members for your Auxiliary. If you find yourself wondering if there's anything else you can do to improve your results, please refer to the March Membership Promotion provided by Chair Betty Gimble. Sister Betty is furnishing information regarding a Recruiting Workshop scheduled for Saturday March 21 and Sunday March 22, 2009 at Auxiliary 3160 in Norfolk.

We are the first Department to be invited to participate in a Recruiting Workshop sponsored by the National VFW. That's right. ***The Ladies are being given an unprecedented, perhaps historic, opportunity!*** Unlike the VFW Comrades who are given these opportunities somewhat frequently, the Ladies have not. Let's take full advantage of learning successful, proven techniques so we can be successful in applying the **3 R's** to keep our organization healthy and growing! I am planning to attend and hope to see you there.

National Director Rita Byers sent me a humorous reminder about assuming and carrying out responsibility for what IS done and what IS NOT done. I am sharing this with you on the reverse side.

Next month's promotion will be my last. I sincerely hope the material provided to you has inspired some ideas and sparked a renewed interest in Extension and in the **3 R's** of Membership. Any month is a good one to try them out! Whatever you do, whenever you reach out, ***be a 'Sister' to your Auxiliary members, current or potential!***

Good luck, Ladies.

We have work to do!

FOUR INDIVIDUALS

There once were four individuals named
Everybody, Somebody, Anybody, and Nobody.

Every day there was an important job that needed to be done and
Everybody was sure that Somebody would do it.

Anybody could have done the job, but Nobody did.

Somebody got angry because it was Everybody's job.

Everybody thought Somebody would do the job that needed to be done,
but Nobody asked Anybody.

To be Somebody, Anybody, and Everybody, come on down ...
for fun, for laughs, for jokes, for jobs.

Do you know these four individuals?
As Sisters of the Ladies Auxiliary VFW,
let's avoid being Nobody.

Department of Virginia
Hospital & VAVS
General Orders – March 2009

Robin Milewski
207 Coinjock Run
Yorktown, Virginia 23693

Phone: (757) 223-5763
E-mail: vmilewski@msn.com

Dear Sisters,

Congratulations, we have a winner! I have sent to the VAVS National Advisory Committee (NAC) the name of the Department of Virginia's Outstanding Volunteer of the Year. Her name has been entered to compete for the National Outstanding Volunteer of the Year. Who is it? She will be recognized at our Department Convention in June. I want to thank everyone that submitted a nomination. All of our volunteers work very hard to maintain the high standards of our Hospital and VAVS Program and should be recognized for their caring spirit. Thank you and keep up the good work.

Our National President, Dixie Hilde's theme "Our dreams become rainbows" can not be incorporated in a better way than by supporting our Hospital & VAVS program. The smiling face of a volunteer shows our veteran's that their dreams are not just possible, but they are within their reach. Commitment, dedication and caring by our volunteers, is the true example of the Department of Virginia's President Mary Proffitt's theme "Live a life of love while serving the needs of others".

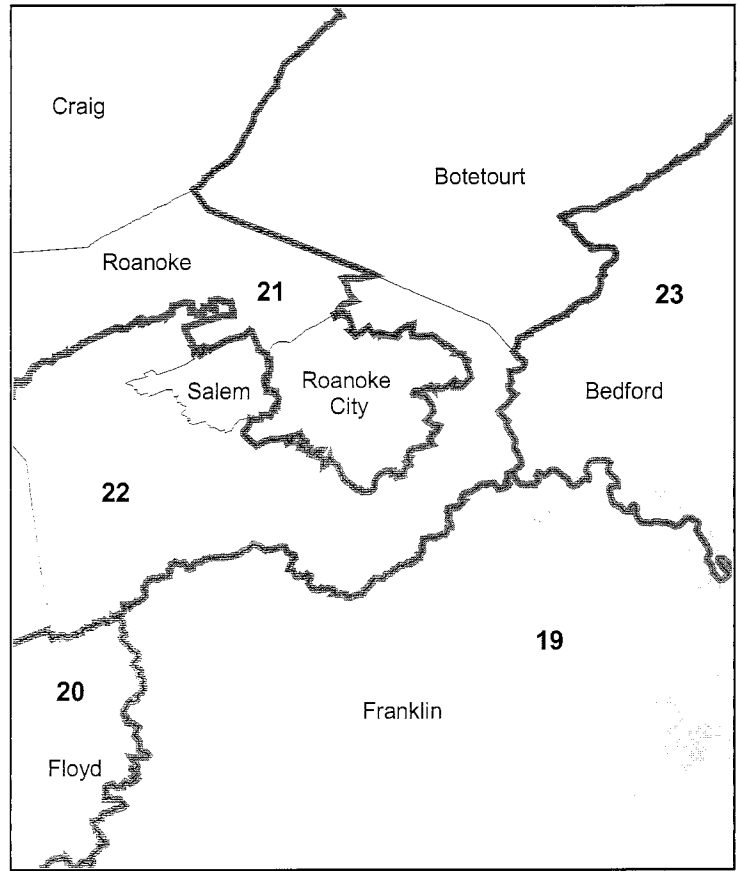
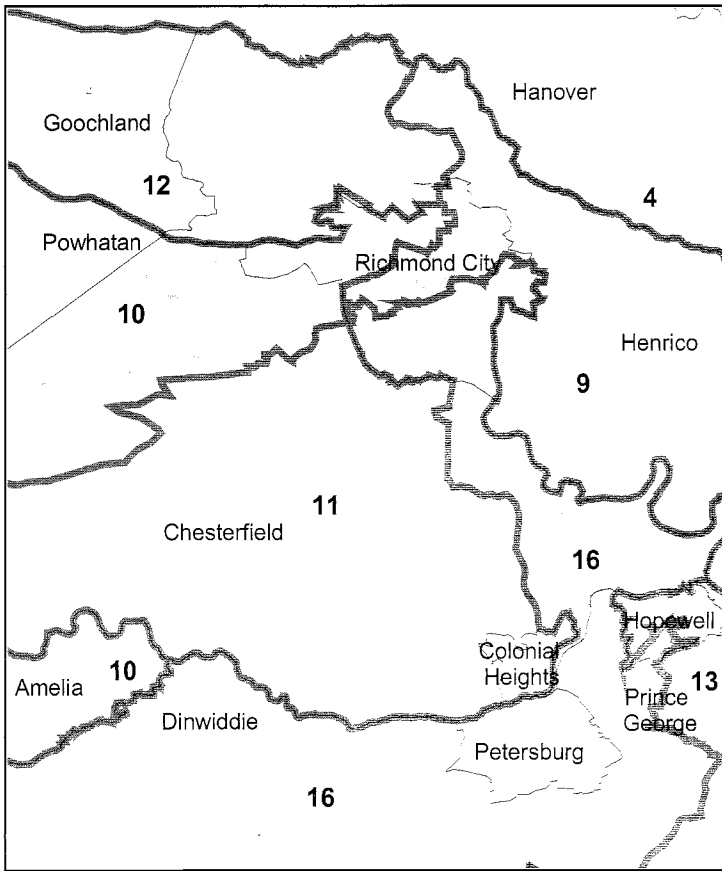
We have had a truly busy and blessed season of Holiday parties, New Year celebrations, Bingos, Valentines soirees and more. Don't forget that we have St Patrick's Day, Tax Day, May Day, Flag Day, ... etc. Even if you don't have a name for your day, the hospitalized veterans love to see a smiling face. **Keep visiting! Keep reporting!**

Please remember that the *Hospitalized Veterans Writing Project* continues throughout the year. This is a therapeutic writing program designed to acknowledge veterans' experiences and build self-esteem through creative expression and gives the opportunity of publication in *Veterans' Voices*. I continue to encourage you to contact your area VA Medical Center or HVWP Headquarters, 5920 Nall, Room 105, Mission, Kansas 66202-3456 or visit www.veteransvoices.org. *Veterans' Voices* is published in March, July and October. **YOU CAN ALSO SUPPORT THIS PROGRAM BY PURCHASING A SUBSCRIPTION TO THE VETERAN'S VOICES.**

Regrettably, we still have Auxiliaries that have not sent in their \$35.00 for the Hospital and VAVS Program. This may be a banner requirement, but it so much more than that - it allows the VAVS Reps travel money so they can make their trips to the VA Hospitals to perform their duties. We do need every Auxiliary to do their part. (If your auxiliary can spare a little more our hospitalized veterans will truly appreciate the additional support.) We have not received the \$35.00 from Auxiliaries: (3rd Dist) 1426, 3125, (5th Dist) 2820, (7th Dist) 8613, 9872, (10th Dist) 8241, (12 Dist) 6975, 8652, 8979, 10298.

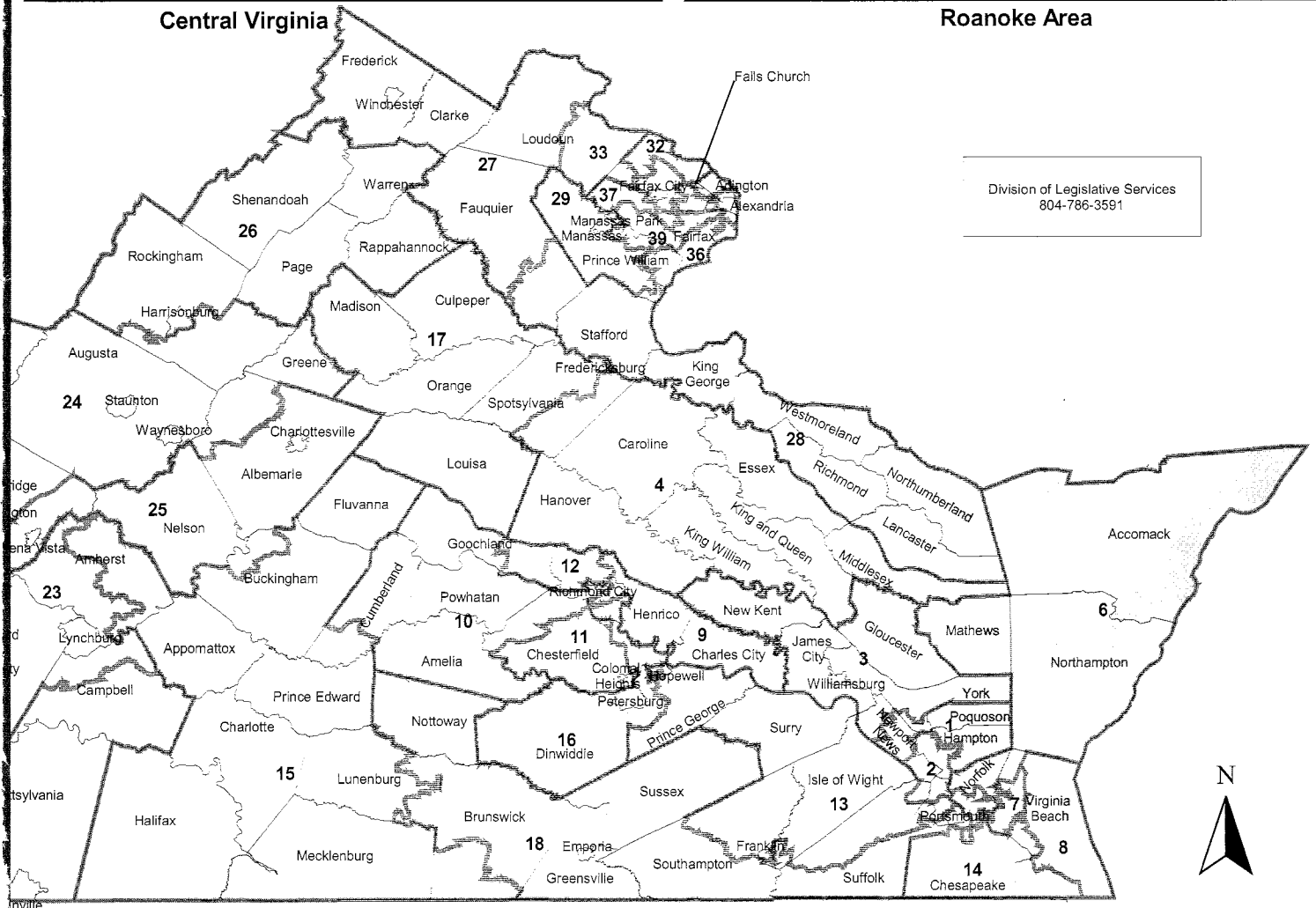
A kind word and a smile can make all the difference in the world to a veteran. Make a difference!

Robin Milewski
Hospital & VAVS Committee Chairman



Central Virginia

Roanoke Area

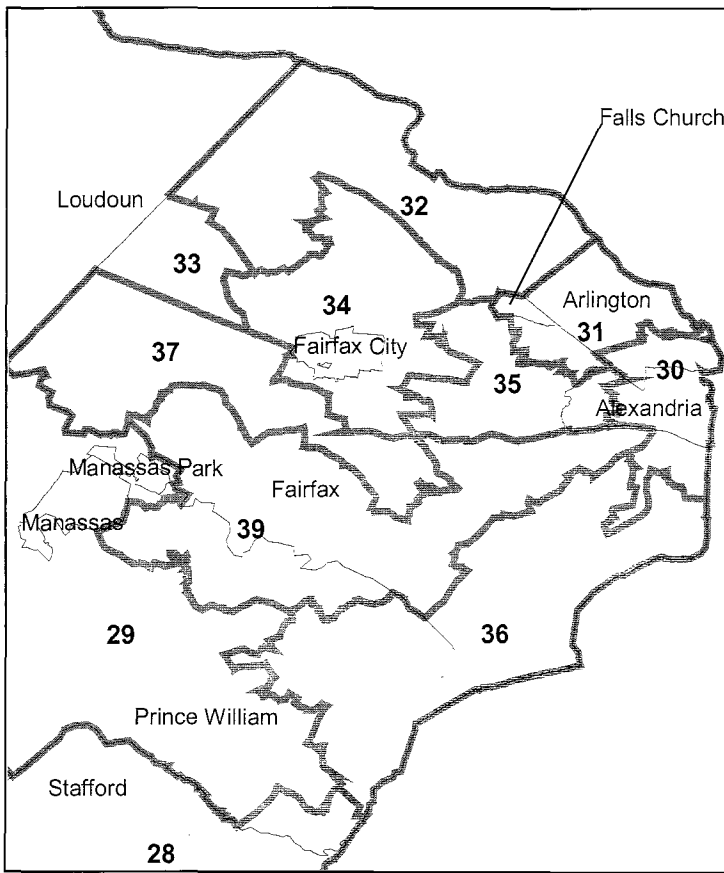


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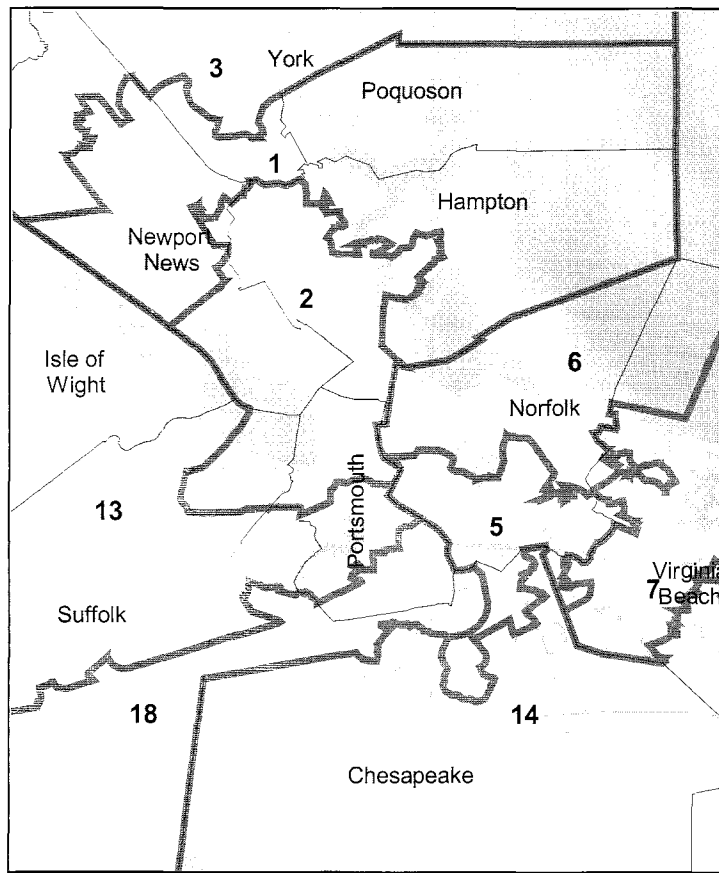


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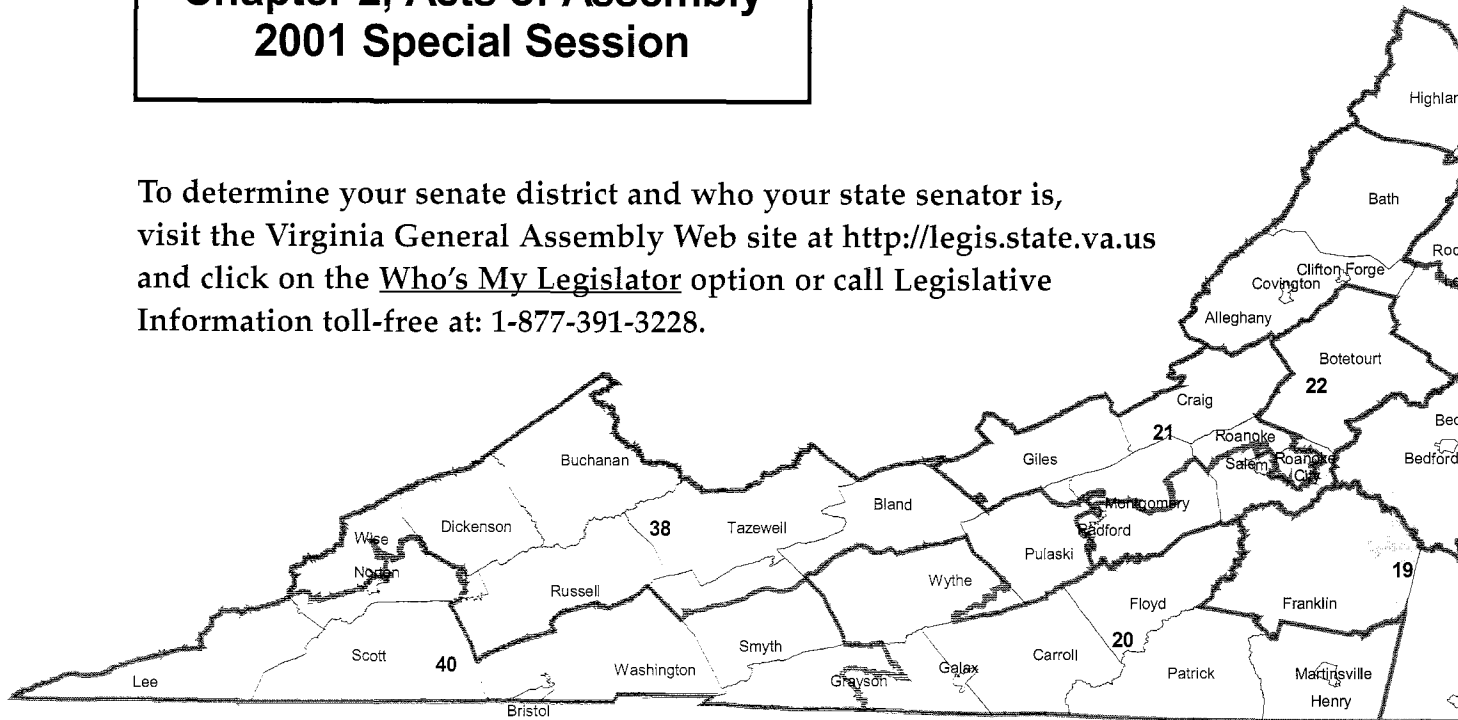
Northern Virginia

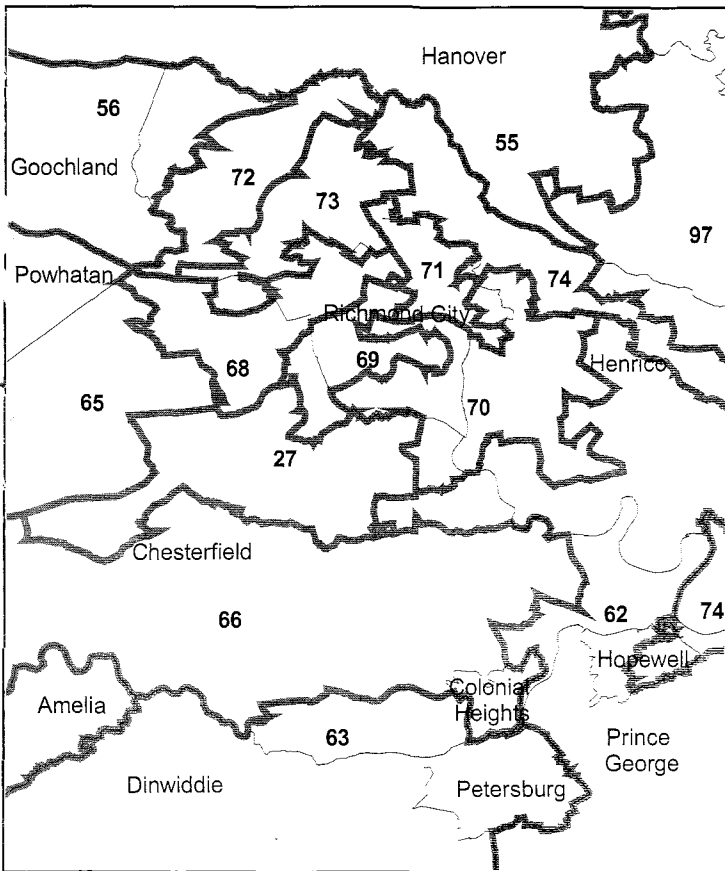


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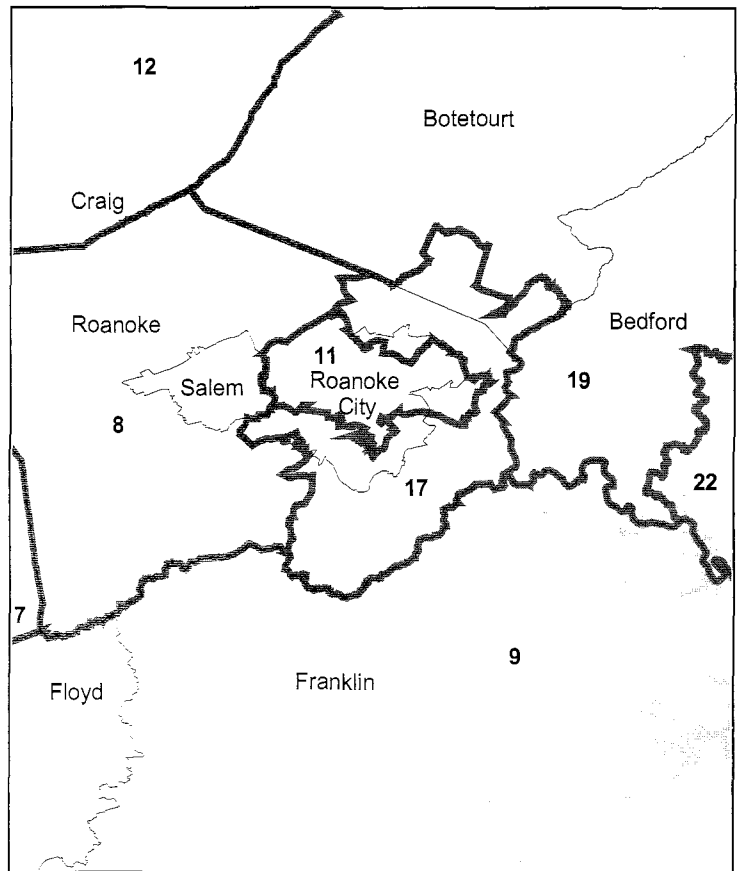
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2001 Special Session**

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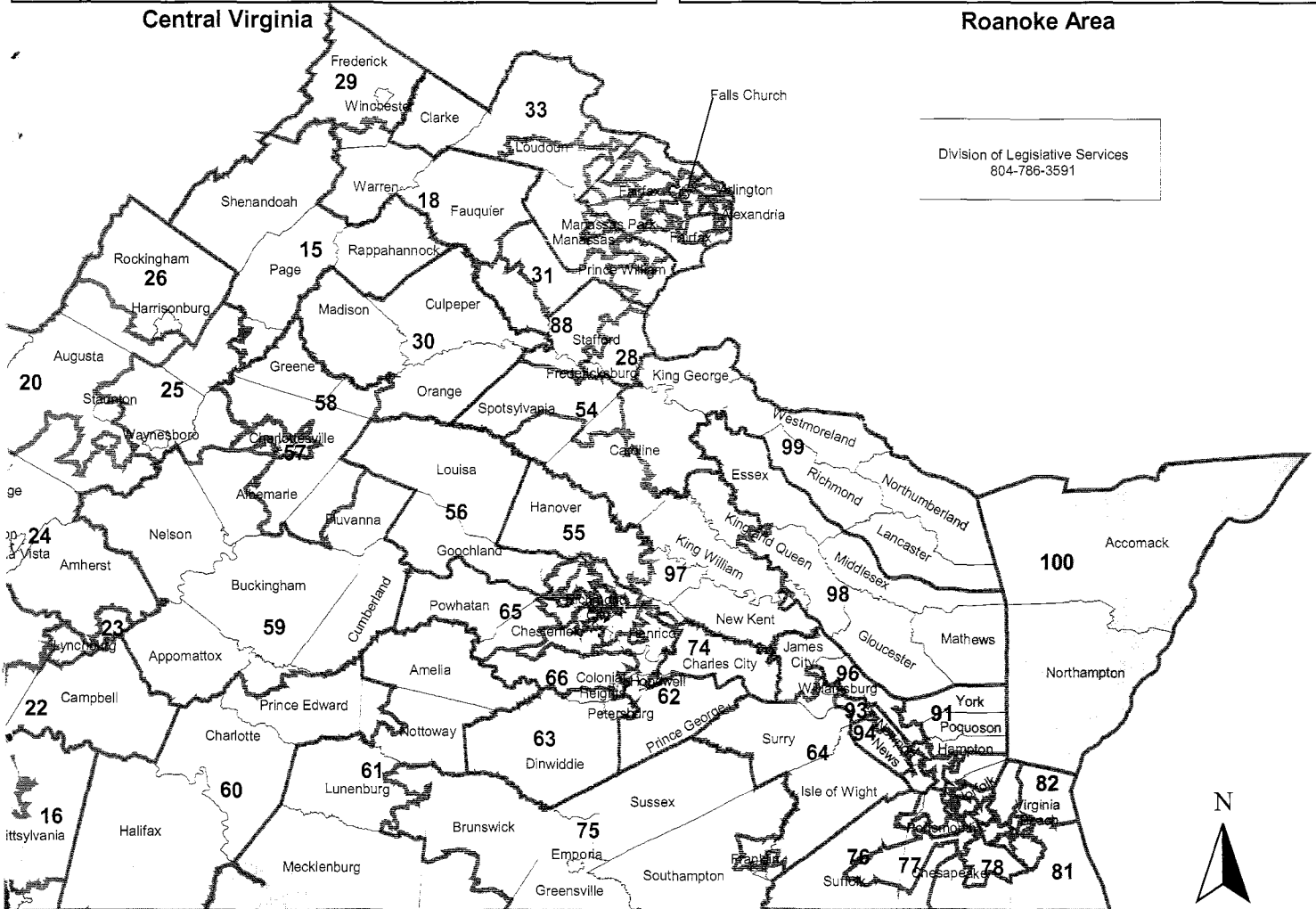




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Roanoke Area



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| 14 | BLEVINS, HARRY B. | (R) | P.O. Box 16207, Chesapeake 23328 | (757) 546-2435 | 546-7346 | hbblevins@senblevins.hrcoxmail.com |
| 29 | COLGAN, CHARLES J. | (D) | P.O. Box 1650, Manassas 20108 | (703) 368-0300 | 257-2856 | cjcolgan@aol.com |
| 37 | CUCCINELLI, KEN, II | (R) | 10560 Main St. Ste. 218, Fairfax 22030 | (703) 766-0635 | 268-5602 | district37@sov.state.va.us |
| 25 | DEEDS, R. CREIGH | (D) | P.O. Box 5462, Charlottesville 22905 | (434) 296-5491 | 296-5949 | district25@sov.state.va.us |
| 21 | EDWARDS, JOHN S. | (D) | P.O. Box 1179, Roanoke 24006-1179 | (540) 985-8690 | 985-8690 | senator@edwardsva.com |
| 24 | HANGER, EMMETT W., JR. | (R) | P.O. Box 2, Mount Solon 22843-0002 | (540) 885-6898 | 885-6777 | district24@sov.state.va.us |
| 33 | HERRING, MARK R. | (D) | P.O. Box 6246, Leesburg 20178 | (703) 729-3300 | 669-9091 | Senator@markherring.org |
| 17 | HOUCK, R. EDWARD (Edd) | (D) | P.O. Box 7, Spotsylvania 22553-0007 | (540) 786-2782 | 891-8805 | senatorhouck@comcast.net |
| 32 | HOWELL, JANET D. | (D) | P.O. Box 2608, Reston 20195 | (703) 709-8283 | 435-1995 | senhowell@gmail.com |
| 19 | HURT, ROBERT | (R) | P.O. Box 2, Chatham, VA 24531 | (434) 432-4600 | 432-4162 | district19@sov.state.va.us |
| 2 | LOCKE, MAMIE E. | (D) | P.O. Box 9048, Hampton 23670 | (757) 825-5880 | 825-7327 | SenLocke02@msn.com |
| 18 | LUCAS, L. LOUISE | (D) | P.O. Box 700, Portsmouth 23705 | (757) 397-8209 | 966-9671 | district18@sov.state.va.us |
| 16 | MARSH, HENRY L., III | (D) | 422 East Franklin St., Ste. 301, Richmond 23219 | (804) 648-9073 | 648-2116 | district16@sov.state.va.us |
| 11 | MARTIN, STEPHEN H. | (R) | P.O. Box 700, Chesterfield 23832 | (804) 674-0242 | 674-7241 | martindistrict@comcast.net |
| 4 | McDOUGLE, RYAN T. | (R) | P.O. Box 187, Mechanicsville 23111 | (804) 730-1026 | 730-1051 | senator@ryanmcdougles.com |
| 9 | McEACHIN, A. DONALD | (D) | 4719 Nine Mile Rd., Richmond 23223 | (804) 226-4111 | 226-8888 | dmceachin@mceachingee.com |
| 1 | MILLER, JOHN C. | (D) | P.O. Box 6113, Newport News 23606 | (757) 595-1100 | 595-1106 | district01@sov.state.va.us |
| 5 | MILLER, YVONNE B. | (D) | P.O. Box 452, Norfolk 23504 | (757) 627-4212 | 627-7203 | senatorybmiller@verizon.net |
| 23 | NEWMAN, STEPHEN D. | (R) | P.O. Box 480, Forest 24551 | (434) 385-1065 | 522-2452 | snewman@senatornewman.com |
| 3 | NORMENT, THOMAS K., JR. | (R) | P.O. Box 6205, Williamsburg 23188 | (757) 259-7810 | 259-7812 | district03@sov.state.va.us |
| 6 | NORTHAM, RALPH S. | (D) | P.O. Box 9363, Norfolk 23505 | (757) 818-5172 | 668-9981 | district06@sov.state.va.us |
| 26 | OBENSHAIN, MARK D. | (R) | P.O. Box 555, Harrisonburg 22803 | (540) 437-1451 | 437-3101 | mark@markobenshain.com |
| 34 | PETERSEN, J. CHAPMAN (Chap) | (D) | P.O. Box 1066, Fairfax 22038 | (703) 349-3361 | (800) 635-9417 | chap@fairfaxsenator.com |
| 38 | PUCKETT, PHILLIP P. | (D) | P.O. Box 2440, Lebanon 24266 | (276) 979-8181 | 979-8383 | district38@sov.state.va.us |
| 36 | PULLER, LINDA T. (Toddy) | (D) | P.O. Box 73, Mount Vernon 22121-0073 | (703) 765-1150 | 765-9243 | tpuller@aol.com |
| 13 | QUAYLE, FREDERICK M. | (R) | P.O. Box 368, Suffolk, 23439 | (757) 483-9173 | | district13@sov.state.va.us |
| 20 | REYNOLDS, W. ROSCOE | (D) | P.O. Box 404, Martinsville 24114-0404 | (276) 638-2315 | 638-2293 | district20@sov.state.va.us |
| 15 | RUFF, FRANK M., JR. | (R) | P.O. Box 332, Clarksville 23927 | (434) 374-5129 | 955-2224 | Ruff@kerlake.com |
| 35 | SASLAW, RICHARD L. | (D) | P.O. Box 1856, Springfield 22151 | (703) 978-0200 | 978-1221 | vasenate35@aol.com |
| 22 | SMITH, RALPH K. | (R) | P.O. Box 91, Roanoke 24002 | (540) 206-3597 | 206-3597 | district22@sov.state.va.us |
| 8 | STOLLE, KENNETH W. | (R) | 2101 Parks Ave., Ste. 700, Virginia Beach 23451 | (757) 486-5700 | 486-8020 | info@kenstolle.com |
| 12 | STOSCH, WALTER A. | (R) | 4551 Cox Rd., Ste. 110, Glen Allen 23060 | (804) 527-7780 | | district12@sov.state.va.us |
| 28 | STUART, RICHARD H. | (R) | P.O. Box 1146, Montross 22520 | (804) 493-8892 | 493-8897 | richard@stuartforsenate.com |
| 30 | TICER, PATRICIA S. | (D) | City Hall, 301 King St., Alexandria 22314 | (703) 549-5770 | 739-6761 | patsyticer@gmail.com |
| 27 | VOGEL, JILL H. | (R) | 117 East Piccadilly St., Ste. 100-B, Winchester 22601 | (540) 662-4551 | 662-5667 | district27@sov.state.va.us |
| 7 | WAGNER, FRANK W. | (R) | P.O. Box 68008, Virginia Beach 23471 | (757) 671-2250 | 244-7866 | district07@sov.state.va.us |
| 40 | WAMPLER, WILLIAM C., JR. | (R) | 510 Cumberland St., Ste. 308, Bristol 24201-4387 | (276) 669-7515 | 645-6722 | district40@sov.state.va.us |
| 10 | WATKINS, JOHN C. | (R) | P.O. Box 159, Midlothian 23113-0159 | (804) 379-2063 | 794-7238 | Jnwatkins@johnwatkins.org |
| 31 | WHIPPLE, MARY MARGARET | (D) | 3556 North Valley St., Arlington 22207 | (703) 538-4097 | 538-2486 | district31@sov.state.va.us |

REGISTER YOUR OPINION AT 1-800-889-0229 — OPERATIONAL DURING GENERAL ASSEMBLY SESSION

MEMBERSHIP PROGRAM

March 2009

**To: District Presidents, Auxiliary Presidents, Treasures, Membership Chairmen
and Auxiliary members.**

**CC: Colette Bishop, National Membership Director
Susan Simmons, Southern Conference Chairman**

**From: Betty Gimble, Department Membership Chairman
12604 Harbor Drive, Woodbridge, VA 22192
Email: nanagimble@comcast.net 703-491-9249**

**“Live a life of love while serving the needs of others” and
“Our Dreams Become Rainbows”**

It was a very proud moment as we watched President Mary go onto the stage and receive her medallion and then walk the runway. There was only one state this year that did not achieve the 85% in membership by December 31st. We had a great time in Savannah. Thank all of you for making this trip possible for President Mary.

Congratulations to the 11 District Presidents that attained 85% in membership by December 31st and received the “Boot pin” from National Headquarters. We still have a ways to go to 100% so Presidents, please do not stop recruiting, retaining and reinstating. If your District attains 100% by April 30th, National Headquarters will send your District a check for \$100.00. As of February 13th, the percentage at National shows that District 12 is in first place with 99.35% - President Debbie you only need 2 and I know that you will do it – GREAT WORK. District 10 is second with 98.75% and a close third is District 13 with 98.58%.

At the January Winter Conference meeting, we had a drawing for the Auxiliaries who attained 100% in membership by December 31st and we had 49 Auxiliaries and Auxiliary 637, Jacob J. Pearson, Hopewell in District 4 won the drawing. We also had a drawing with 11 Auxiliaries that attained 110% or better and Auxiliary 7814, Thomas-Field, Staunton in District 11 won the drawing. They each received \$25.00.

Congratulations to Mary Roberts who was the winner of \$25.00 for signing up at least 8 new or reinstated members by November 30th. Mary is the Treasurer of Auxiliary 637 in Hopewell.

RECRUITER TRAINING

**WHERE: VFW POST 3160, 111 A View Avenue,
Norfolk, VA 23503**

**WHEN: SATURDAY, MARCH 21, 2008
CLASSROOM TRAINING
8:00AM TO 6:00 PM**

**SUNDAY, MARCH 22, 2008
ACTUAL RECRUITING**

If you would like to spend Friday night or Saturday night, arrangements are being made with a hotel near by and we will be sharing rooms and the cost will be about \$25.00 each.

If you want to attend and I hope lots of you do, please let me know by MARCH 7TH so I can let the VFW know how many ladies to expect. This is a great opportunity for us so please take advantage of it.

President's Special Project
National Kidney Foundation

I just want to thank everyone for sending in their donations to the Department Treasurer and your reports to me, but be sure when you send me the report also make sure you send your donation into the Department Treasurer.

I want to say thank you to District #1 who is 100% reporting, congratulations. I would like to see every Auxiliary in the department send in a donation.

I am setting here reading the National Kidney Foundation's Newsletter telling me that the Kidney Foundation encourages American to mark Valentine's Day by considering some of the many ways their kidneys quietly support their health day-to-day (filtering their blood, controlling blood pressure, support healthy bones) and how much their health will suffer if they develop chronic kidney disease. It's often said that "love means paying attention" so getting to know the facts is a critical first step toward focusing on kidney health.

A Valentine's Tale She Loves Him With All Her Kidney

Bruce and Aurelia Keaton, of Buffalo, NY the kidney they share is most definitely a symbol of their enduring love. Bruce found out uncontrolled hypertension and diabetes caused his kidneys to fail and compelled him to spend three days a week tethered to a dialysis machine. Doctors said he had less than a year to live if he didn't receive a new kidney. When family members were unable to donate, a nurse noted that the donor didn't need to be a blood relative, so Aurelia- Bruce's girlfriend got tested and turned out to be his true match. Bruce found this out on September 1, 2007 and a year later Bruce gave Aurelia a wedding ring. This is just a short story I wanted to share with you. Have A Happy Valentine's Day and God Bless You.

Mary Smart
13749 Mahoney Drive
Woodbridge, VA. 22193 E-Mail: mlsmart51@comcast.net

March 2009

For: Department President, PDPs, Line Officers, District Presidents, Auxiliary Presidents, V&FS Chairmen, Members, National Program Director and Southern Conference Program Chairman

"Our Dreams Become Rainbows"

"Live a Life of Love while Meeting the Needs of Others"

Bottom Line Up Front

Get the Poppies ready for June Convention!!

Before we know it, our June Convention will be here and the styles and creative talents of the Buddy Poppy displays and hats will be the some of the highlights of our time there. So, Ladies, get ready.

- **The form for submission of the Buddy Poppy displays is contained in this promotion. Please see the section under Buddy Poppy for more information.**
- **The Virginia House at the National Home is gearing up for Spring Cleaning and repairs. Please see the section under the National Home for more details.**
- **Our military families need our help this spring. Consider making a donation to the VFW National Military Services so the VFW can allocate funds to provide assistance where needed.**

Wow! The pictures and articles that I have received from our auxiliaries are great. I am so proud of what you have been doing in your community and for our programs to help in Supporting Our Troops. Keep it up ladies – you are gems.

Veterans & Family Support

Our men and women who are serving this country and protecting our freedoms deserve the biggest Thank You that we can give them. Putting stickers on our houses and magnets on our vehicles lets others know that we support our troops. But, the active military need our support directly. Their families here at home need our help and support.

One way that this direct support can be shown is through the areas of V&FS. A care package sent to our troops lets them know that we are thinking about them and that we care. Sending food baskets and gifts of person hygiene products to the families left here at home lets them know that we are here to help them and provide the support they need until their loved one comes back home. All of these acts can be done here at home for those that we know and live close to.

Of course holding fundraisers and sending money to the VFW National Military Services will also provide needed items for all of the military.

Just remember, if your auxiliary does not want to be specific in sending monies to MAP, Operation Uplink, UNMET Needs or Adopt-A-Unit, donations can be made to:

VFW National Military Services
Veterans of Foreign Wars of the United States
406 West 34th Street
Kansas City, MO 64111.

Checks made out to "VFW National military Services" allows the VFW Foundation to utilize the funds where needed and to transfer monies to the various funds. **If auxiliaries utilize this method, they will receive credit for 2 of the areas for banner requirements.**

- **Assistance to veterans and their families.**
Get a group of volunteers together and help a veteran and the family to spruce up their yard. This can be a fun and fulfilling event that all who participate can feel good about it. The children can also help and work to make the project a great success.

Military Assistance Program (MAP)

Is there a military group that will be returning home soon to your area? If so, plan a welcome home party and get together for them and their families. Work with your VFW partners and other organizations in your community to make it really special.

Remember that you can get a MAP grant to assist with this project. Check with your Post Service Officer or Quartermaster to get the forms and submit them as indicated on each form.

UNMET Needs Program

Can you offer you time to tutor or assist someone with transportation to the doctors or the grocer store? Perhaps you are skilled in construction or you know someone who is. Let our Post Service Officer know of the assistance that can be given. He/She can let the UNMET Needs Program know of this expertise. Your name will then be put on a list of volunteers for the skill and may be called upon to assist a family or veteran.

What a great way to show your support and to feel great about sharing your skills.

Operation Uplink



Ladies you have been making some wonderful contributions to Operation Uplink. I know that our troops appreciate the cards and the opportunity to communicate through the Internet Cafes. I have heard from several ladies of how the calling cards have allowed them to talk to their husband, son, daughter, or granddaughter on a regular basis. They have told me that hearing their voice is so comforting and warm.

Keep those donations coming! The troops appreciate it and so do their loved ones back home.

Adopt-A-Unit Program



Wow! I am really impressed by the activities, packages and donations that our Post and Ladies Auxiliaries are doing for the units that they have adopted.

I am also proud of the auxiliaries that have taken to send packages and cards to their own local service men and women who are serving in the military.

GOOD WORK LADIES! Keep up the good work and keep on reporting!

Buddy Poppy



Is your Display ready?

Buddy Poppy Displays. Let the creative minds flow! Start working on your Buddy Poppy displays for the convention. I would like to know how many displays we will have for the convention. Please fill out the form at the bottom of this page and mail it to me or e-mail me the information. I want to be sure we have enough area to properly display them and show off the talent.

The displays can be in one of the following categories:

Category 1: Public Promotion of the Buddy Poppy Campaign

Category 2: Memorial or Inspirational Displays

Category 3: Artistic or Decorative Uses of Poppies

Category 4: Memorial or Inspirational Displays (Jr. Girls)

AUX or POST NO: _____

Number of Poppies in the display _____

Category (circle one)

- Public Promotion of the Buddy Poppy Campaign
- Memorial or Inspirational
- Artistic or Decorative
- Jr. Girls – Memorial or Inspirational

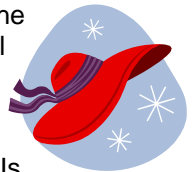
Form must be received by June 1, 2009.

REMEMBER

- ❑ At least one poppy using in the display must be in its original form and color with label attached.
- ❑ Displays should be accompanied by a white card, not to exceed 4" X 6" in size, on which is lettered in black ink an explanation of the theme for the display or other information of interest to the viewer or the judges.
- ❑ Post name, number or location may not be visible on the display entries; failure to comply will result in disqualification.

Is your Hat ready?

The June Convention is just around the corner. I know that our upcoming Annual Buddy Poppy Hat Parade at the President's Luncheon will one for the fashion magazines. I know I will have my camera there and ready to snap away. Is your hat ready? Start designing and creating them today! Remember prizes are given for the most creative, patriotic and original.



VFW National Home for Children



As Springtime approaches and we begin sprucing up our homes and airing them out for the fresh air, the homes at the VFW National Home are doing the same thing. They are getting ready too.

Can your auxiliary consider sending additional monies to the national Home to help them? Even \$10 from each of our auxiliaries can help. Remember to send donations to:

VFW National Home for Children
3573 S. Waverly Road
Eaton Rapids, MI 48827

Fisher House

Ladies, please consider donating to the Fisher House Foundation. The Houses are a great home away from home for the family of a veteran who is having a serious operation or in for extended treatments at one of the VA Medical Centers.

Donations are needed for the upkeep and maintenance of each house and to supplement the stays of the families that come there. Thank you for what you have given so far and please continue to donate. The address for donations is:

Fisher House Foundation, Inc.
1404 Rockville Pike, Suite 600
Rockville, MD 20852

(Specify the Portsmouth, McGuire, or Walter Reed House)

Wreaths Across America



The cemeteries with the wreaths are so breathtaking to see. I witnessed tears in many of the volunteers' eyes as they performed the solemn and honoring act of placing the wreaths on the graves.

However, you probably also know that many more wreaths were need to place one on every veterans final resting place. Therefore, **a special certificate will be given to each auxiliary who donates \$100 between February 1 and April 15, 2009 to Wreaths Across America.** Be sure to report on this so you can get the recognition that you deserve.

VFW Service Officer Education

With many of the changes and forms for Veterans Benefits that are available. Please remember to put individuals in touch with you Post Service Officer. This individual can be a valuable link for the veterans and their families that need assistance. The Service Officer can help them to receive the benefits they deserve and even help in filling out the forms.

Find out when he/she would be available to answer questions or how to get in touch with them if there is a question. Post a flyer with this information or have it

printed in your Post/Auxiliary newsletter. Be sure that your members and the veteran family members in the community are aware of the great resource that is available to them through this officer.



Ladies, let's start planning for next year. Let's make sure that the children of our fallen heroes since the war on terrorism began have a wonderful experience at the 2009 Snowball Express. You can still donate. Every little bit helps.

Hold a special dinner or other fundraiser and donate your proceeds to Snowball Express. Take some pictures and send them to me. I will be sure to pass them on to the Snowball Express Organization to let them know what we are doing for this great program.

Scholarship Program

Well, the time has passed to submit an application for the scholarship for this year. But, if you or a family member still needs financial assistance for a higher education program, consider submitting next year. Take a look at the form from the January General Orders and see what is required. It is never too late to think about furthering your education.

Loyally,
Lorraine (Laine) Beckwith
Veterans and Family Support Chairman, Department of Virginia
41 Kings Point Drive, Hampton, VA 23669
(757) 722-0235, e-mail: Dabeck41@cox.net



Veterans & Family Support News
 Department of Virginia
 March 2009

2008-2009

Reports as of 2/5/09

| DIST | 0 OF 5 | 1 OF 5 | 2 OF 5 | 3 OF 5 | 4 OF 5 | 5 OF 5 | 6+ | |
|------|--------------------------------------|---------------------------------|-------------------|-------------------|-----------|-------------------|--|---------------------|
| 1 | CONGRATULATIONS! | | | | | 176 | 6002 7167 | 824 3219 5500 |
| 2 | | 9382 | | | 993 3160 | 8545 | 392 4411 4809 | |
| 3 | 10387 | 1426 | 2239 | 6364 9224 9808 | 4639 | 8046 9501 8356 | 10654 10657 | |
| 4 | 2584 | 5313 8902 | | 637 8048 8759 | 9954 | 9855 | 622 7059 7166 7819 8163 9855 | |
| 5 | | 647 7800 | | 8467 | 4637 | | 1115 7568 7726 8243 | |
| 6 | 7854 | 1444 1841 4522 | | | 1033 | 1264 5311 | 2157 | |
| 7 | 2123 9292 | 8613 | 621 | | | | 1860 2447 9660 9760 9872 | |
| 8 | | | | | 3103 2524 | 7589 | | |
| 9 | 9640 | | 7328 | | | | 1184 4667 6000 7136 7969 9696 | |
| 10 | 8241 | 9478 | 609 | 9274 | | 3150 | 1503 7327 7916 | |
| 11 | | 4204 7814 8279 9480 10826 | 9339 | 632 | 8644 | 2424 3136 | 1499 2216 | |
| 12 | 6975 9600 8652 9830 8979 10298 | 1994 | | | | 3782 | 10310 | |
| 13 | | 7638 | 1827 2217 8436 | | 8947 | 10874 | | |
| % | 12% | 16% | 7% | 8% | 9% | 15% | 33% | |

OK FOLKS – LET’S GET THOSE REPORTS IN!!

REMEMBER – YOU MUST REPORT IN 5 OF THE 10 AREAS TO BE FULLY REPORTED IN VETERANS AND FAMILY SUPPORT!

DON’T FORGET THAT THE HEALTH AND HAPPINESS
 IS 25 CENTS PER MEMBER
 BASED ON YOUR JUNE 30, 2008 MEMBER COUNT
 A FEW OF YOU HAVE NOT DONE THIS.

VOICE OF DEMOCRACY/PATRIOT'S PEN PROGRAM

Debbie Weekley
 VOD/Patriot's Pen Chairman
 595 Bowman Road
 Dayton, VA 22821
 Phone: (540) 879-2066
 E-mail: weekslock@comcast.net

The 2008-2009 Voice of Democracy and Patriot's Pen programs should be winding down now. It's time to show your appreciation to the teachers and guidance counselors that may have helped you with the programs. Present them with a certificate and/or invite them to your awards program. This is also a good time to line them up to help with the 2009-2010 programs.

VFW Department Chairman Buddy Weekley received reports in mid January from the District Chairmen that showed the following Auxiliaries had participated in the Voice of Democracy Program with the Posts. The following Auxiliaries have not sent me a report. Even though the VFW has given you credit, I also need a report to give. Yes, I know you have done the work, but I need your report as soon as possible. If you did not participated with your Post, please let me know.

| District | | | | |
|----------|------|-------|------|------|
| 1 | 3219 | | | |
| 3 | 1426 | 2239 | 8356 | |
| 4 | 622 | 7819 | | |
| 6 | 7854 | | | |
| 7 | 8613 | 9292 | | |
| 8 | 3103 | | | |
| 10 | 1503 | | | |
| 11 | 2216 | 10826 | | |
| 12 | 1994 | 6975 | 8652 | 9600 |

Auxiliaries that have **NOT** reported to me for Voice of Democracy or Patriot's Pen as of February 1st:

| District | | | | | | |
|----------|--|------|-------|-------|------|------|
| 1 | 176 | 6002 | | | | |
| 2 | 100% reported | | | | | |
| 3 | 6364 | 9224 | | | | |
| 4 | NEED AUXILIARY REPORTS FROM ABOVE TABLE | | | | | |
| 5 | 2820 | | | | | |
| 6 | 1444 | 1841 | 4522 | | | |
| 7 | 2123 | | | | | |
| 8 | NEED AUXILIARY REPORTS FROM ABOVE TABLE | | | | | |
| 10 | 8241 | | | | | |
| 11 | 632 | 2424 | 3136 | 4204 | 7814 | 9480 |
| 12 | 3782 | 9830 | 10298 | 10310 | | |
| 13 | 1827 | 2217 | 7638 | 8436 | | |

Keep me informed as to what you are doing to finalize these programs. The Auxiliaries in the Department of Virginia have truly made "Our Dreams Become Rainbows" by sponsoring our youth in both of these programs.

A reminder to all Auxiliaries, I will be making a decision shortly on the winners of my awards to be given at the State Convention. It is not too late to send me additional information that you want me to consider.

**YOUTH ACTIVITIES/JUNIOR GIRLS
YOUNG AMERICAN CREATIVE PATRIOTIC ART
MARCH 2009**

Fran Simmons, Chairman
76 Eldridge Drive
Front Royal, VA. 22630

E-mail: simmonss@shentel.net
Phone: (540) 636-9235

**“OUR DREAMS BECOME RAINBOWS”
“LIVE A LIVE OF LOVE WHILE SERVING THE NEEDS OF OTHERS”**

By the time you receive this General Orders, the reporting period for your banner will be ending.

Please remember that you must report in TWO ACTIVITIES to complete your banner requirement for this program.

This is not a hard or difficult requirement. We touch the lives of our youth in so many ways. Your activities need not be large or expensive. If you have paid your \$0.25 per member for Health and Happiness, you have completed one activity. Other activities could be Toys for Tots, Christmas/Halloween parties, school supplies, box tops for education, soup labels or other donations to National Home, donations to St. Jude's Children's Hospital or the Miracle Children's Network. You may have purchased cookies from the Girl Scouts or popcorn from the Boy Scouts. Perhaps you helped the Scouts with their food drive or donated foods to families with children during the Holidays. Did you support the Post with the VOD/Patriot's Pen program or distribute information on the Art Program?

Activities could include Bible School, reading programs in schools, or brochures on flag etiquette or Pledge of Allegiance.

I hope that the above list helps with your reports or at least gives you some ideas. Please call or e-mail me if you need help.

Just a reminder – Junior Girls Scholarships - Deadline March 11
Patriotic Art - Deadline March 31
Youth Citations - Deadline April 10

Please check this list CAREFULLY!

REQUIREMENTS REMEMBER – YOU MUST REPORT IN TWO ACTIVITIES FOR BANNER

As of Feb. 08, 2009

| | NOT REPORTED | ONE ACTIVITY | 2 OR MORE |
|-------------|--|---------------------------|---|
| District 1 | 6002 | | 176, 824, 3219, 5500, 7167 |
| District 2 | 8545, 9382 | 3160 | 392, 993, 4809, 4411 |
| District 3 | 1426, 2239, 4639 6364, 8046, 8356, 9224, 9808, 10387 | 10654 | 9501, 10657 |
| District 4 | 622, 637, 2584, 5313, 8048, 8759 8902, 9855 | 7059, 7166, 7819, 9954 | 8163 |
| District 5 | 1115, 2820, 7800, 8243, 8467 | 7568 | 647, 4637, 7726 |
| District 6 | 1444, 2157, 4522, 7854 | | 1033, 1264, 5311, 1841 |
| District 7 | CONGRATULATIONS | | 1860, 2447, 9660, 9760, 9872, 621, 8613, 9292, 2123 |
| District 8 | 2524, 7589 | 3103 | |
| District 9 | 7136, 7328, 7969, 9640 | | 1184, 4667, 6000, 9696 |
| District 10 | 7916, 8241, 9478 | 7327 | 609, 1503, 3150, 9274 |
| District 11 | 632, 2216, 2424, 3136, 4204, 7814 9339, 9480, 10826 | | 1499, 8279, 8644 |
| District 12 | 1994, 6975, 8652, 8979, 9600, 9830, 10310 | | 3782 |
| District 13 | 7638, 10574 | 1827, 2217 | 8436, 8947 |