

Location

Civitan Acres is conveniently located off Interstate 64 in Chesapeake, easily accessible from all Hampton Roads cities.

Civitan Acres facilities include:

- Picnic pavilion
- Swimming pool
- Climate-controlled cabins
- Baseball diamond
- 4,000 square foot multi-purpose facility
- Volleyball court
- Horseshoe pit
- Playground
- Nature trail



Civitan Acres

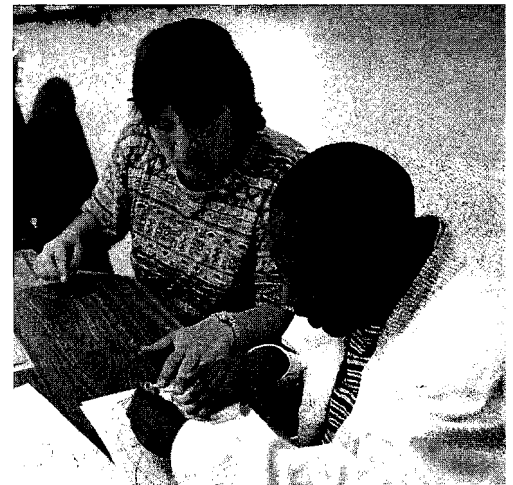
Hampton Roads'

Premier Resort

and Wellness Center

for Individuals

with Disabilities



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Building Confidence Through Recreation

Welcome to Civitan Acres

Civitan Acres is a 14-acre resort in Chesapeake, Virginia, offering leisure activities for individuals with disabilities.

For over 30 years, Civitan Acres has provided visitors with a sense of privacy, safety, and enjoyment.

Since 1955, Eggleston Services has offered education, training, and employment opportunities to individuals with disabilities. In 1999, Eggleston Services joined with Civitan Acres for the Disabled, Inc. to expand the resort's offerings. Together, the two organizations have made Civitan Acres a fun and relaxing place for participants while also offering services like wellness programs and vacation activities.



Specially trained and certified counselors provide participants with opportunities for physical development, relaxation and play.

Vacation and Leisure Activities

Civitan Acres offers vacation opportunities for adults and children with disabilities throughout the year. Participants can choose from day or overnight packages, including a stay in one of the resort's climate-controlled cabins.

No matter what your vacation or leisure needs, we have something for everyone:

- Dancing
- Swimming
- Baseball
- Soccer
- Beach trips
- Boat cruises
- Sporting events
- Museums
- Movies
- Fine dining
- Amusement parks



Wellness Programs

Achieve an overall sense of good health through Eggleston's Wellness Program. Designed for individuals who want a year-round day program, the Wellness Program at Civitan Acres helps adults with disabilities improve their quality of life through activities that help develop and balance their emotional, intellectual, physical, social, and spiritual well-being. At Civitan Acres, we focus on:

- Fitness assessments
- Aerobic exercise
- Nutritional education
- Stress reduction techniques
- Community integration
- Overall well-being

